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Abstract

Saat ini sering ditemui permasalahan tentang kesehatan yang menyerang orang-orang berusia muda. Penyakit kolesterol, hipertensi, gagal ginjal yang banyak ditemui memiliki banyak penyebab, salah satunya adalah kurangnya konsumsi sayur dan buah. Tidak sedikit orang yang tidak suka sayur bahkan mereka enggan memakan sayur. Tentunya kesehatan akan terganggu, tidak optimal, dan rentan terserang penyakit. Wortel dan coklat sangat baik untuk tubuh. Salah satu usaha yang dilakukan adalah mencampurkan wortel tersebut ke dalam coklat. Dengan adanya pencampuran tersebut maka akan terbentuk sebuah coklat baru yang memiliki kandungan gizi dan rasa yang lebih bervariasi. Produk coklat wortel akan mempunyai kelebihan dibanding coklat biasa yang sudah beredar dipasaran terutama dalam hal kandungan nutrisi maupun rasa. Peluang usaha coklat wortel sangat besar mengingat bahan utamanya yaitu coklat dan wortel yang mudah diperoleh dan dibuat. Pembuatan coklat wortel merupakan salah satu cara bagi mahasiswa untuk menggali keterampilan, semangat dan jiwa kewirausahaan. Proses

pembuatan cokelat wortel relatif mudah sehingga usaha ini sangat mungkin dilakukan dan dikembangkan mahasiswa serta masyarakat.

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