



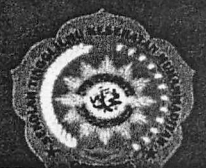
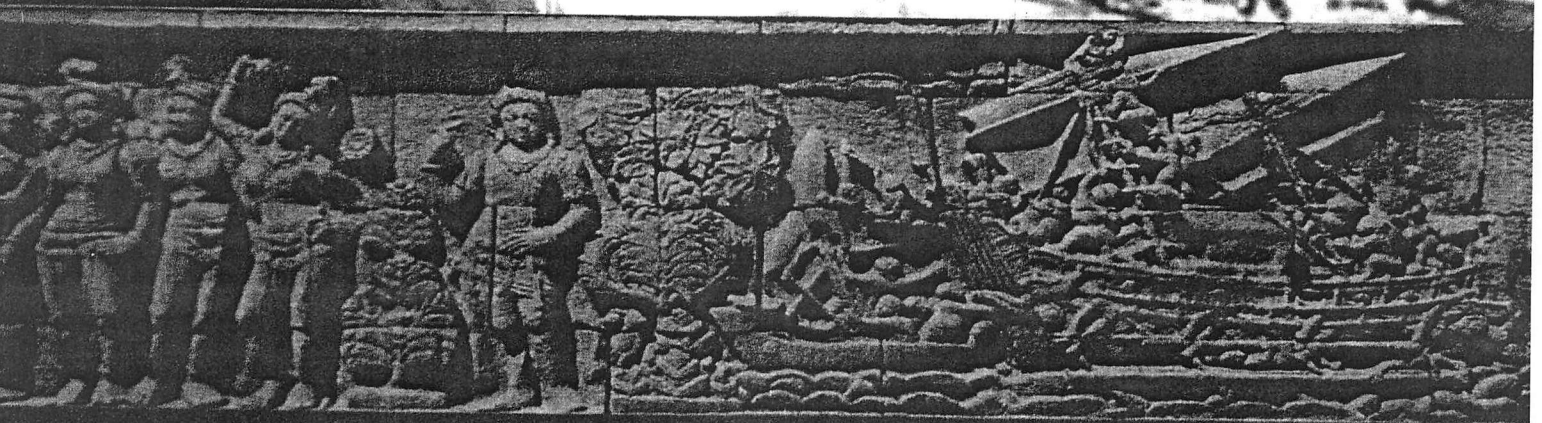
JAVA
INTERNATIONAL
NURSING CONFERENCE

PROCEEDING

2nd Java International Nursing Conference 2012

"East Meets West on Holistic Nursing"

Prof. Soedarto Building, Diponegoro University
Semarang, 6 - 7 November 2012



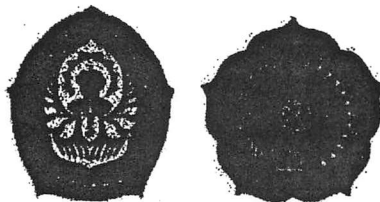
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**PROCEEDING 2ND JAVA INTERNATIONAL NURSING CONFERENCE 2012
“EAST MEETS WEST IN HOLISTIC NURSING”**

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Proceeding 2nd Java International Nursing Conference 2012

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PPREFACE

Nowadays, holistic health service has been developed in various parts of both western and eastern worlds and is regarded as a necessity by most public health services users. Attention to physical well-being of biological, psychological, social environmental aspects and belief of developing local knowledge proves to be accepted by society so as to restore the health status of individuals who are sick in a faster time. High demand of the community on holistic health care is a challenge for health providers to be able to continue to develop themselves in the search of quality service forms which are scientifically proven.

Nurses as one of the many health professionals who, in many times, stay close to clients should always develop themselves in order to provide optimal nursing care and keep up with development of technology and science of nursing. This is of course to meet the high demand of public on better and quality health care services. The logical consequence of the magnitude of people's demand for quality services is the nurses' opened insights to the progress of science and technology both in the field of health in general and nursing. To do so, complete and diverse rides and facilities are needed to be able to access the latest science emerging in the world of nursing.

The development of modern information technology increasingly facilitates nurses to access the latest science and technology that occurs in parts of both western and eastern world without having to move to a place where science was developed. However, exchange opinions about science and experience in the nursing field directly in a scientific forum is a very effective medium to share science and knowledge because it allows direct confirmation with the concerned researchers, practitioners, and other information resources. This can minimize the possibility of misinterpretation of one individual to another individual.

Answering the need of information as mentioned above, the Java International Nursing Conference 2012 (JINC 2012) is conceived as a form of a scientific forum that aims to bridge the exchange of science, knowledge and ideas related to the advancement of holistic nursing

which occurs in parts of the western and eastern world. It then can be developed together for the progress of nursing science which will certainly result in high quality nursing service to the community. The Java International Nursing Conference 2012 is the succession of the first similar conference organized in October 2012. The conference is opened to all participants from Indonesian and foreign countries that concern with the development of nursing and health care services.

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2nd JAVA INTERNATIONAL NURSING CONFERENCE 2012

“East Meets West on Holistic Nursing”

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PERCEPTIONS OF HYPERTENSIVE ELDERLY ON HEALTH CARE

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ABSTRACT

Background: Hypertension requires treatments with respect to risk factors that influence it continuously. Health care teams play an important role in providing health services for the treatment of hypertension in the elderly. The goal is to improve the health of elderly with hypertension. As a part of healthcare teams, nurses focus on hypertension prevention and health promotion as well as maintaining the elderly. To achieve this goal, nurses involve three levels of prevention, such as primary, secondary and tertiary preventions. **Purpose:** The purpose of research was to get an in-depth understanding of the significance and meaning of health services received by elderly with hypertension. **Method:** The research design was descriptive phenomenology through in-depth interviews. Participants were selected by purposive sampling technique. Data were saturated with sixth participants. The data were analyzed using the phase analysis by Collaizi. **Result:** Experience of elderly people with hypertension who received health care was individualistic. The results identified three themes which were the place chosen by the elderly for checking blood pressure, health care team behaviours, and that a hypertension treatment program was needed by elderly. The place chosen for the elderly to check blood pressure are *posyandu*, community health centers, and private physicians. Perceptions of the elderly on health behaviours included positive and negative aspects of health team behaviours who served them when they visited the health facilities. The program needed for the treatment of elderly hypertension was scheduled regular check ups to health centers and home visits from health care teams. **Conclusions:** Healthcare teams were needed to support elderly in order to respond adaptively to the physical and psychosocial impact due to hypertension. They were expected to give more attention to hypertension suffered by the elderly, and to meet the needs of health information related to hypertension in the elderly.

Keywords: Perception, hypertensive elderly, health care