

Enhanced antibacterial activity of lactoperoxidase–thiocyanate– hydrogen peroxide system

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1 **Enhanced antibacterial activity of lactoperoxidase–thiocyanate–hydrogen peroxide**
2 **system in reduced lactose milk whey**

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2 **system in reduced lactose milk whey**

3

4 **ABSTRACT**

5 The product of the lactoperoxidase system (LPOS) has been developed as a preservative
6 agent to inhibit foodborne bacteria, but its action was, heretofore, limited to several original
7 compounds in milk. This research was conducted to analyze the application of the
8 lactoperoxidase system against *Escherichia coli* in fresh bovine milk and its derivative products
9 to determine the strength of antibacterial activity. Lactoperoxidase was purified from bovine
10 whey using the SP Sepharose Big Beads Column. The enzymatic reaction involving
11 lactoperoxidase, thiocyanate, and hydrogen peroxide was used to generate the antibacterial
12 agent from LPOS. This solution was then added to milk, skimmed milk, untreated whey,
13 reduced-LPO whey, reduced-lactose whey and high-lactose solution containing *E. coli* at an
14 initial count of 6.0 log CFU/mL. LPOS showed the greatest reduction of bacteria (1.68 ± 0.1
15 log CFU/mL) in the reduced-lactose whey among the products tested. This result may lead to
16 a method for enhancement of the antimicrobial activity of LPOS in milk and derived products.

17

18 Keywords: antibacterial activity, *E. coli*, lactoperoxidase system, reduced-lactose whey,
19 skimmed milk.

20

1 INTRODUCTION

2 Lactoperoxidase (LPO) was developed to inhibit the growth of foodborne pathogens in
3 various foods and thus improve their shelf life [1, 2]. Lactoperoxidase derived from bovine
4 milk has been shown to generate beneficial effects as a bactericidal and bacteriostatic agent [1,
5 3]. The lactoperoxidase system consists of three primary components: lactoperoxidase enzyme,
6 thiocyanate, and hydrogen peroxide. This system generates hypothiocyanite, an active
7 compound against gram-positive and gram-negative bacteria, including *Escherichia coli* [4, 5].
8 The lactoperoxidase system (LPO system) has attracted the attention of scientists as a natural
9 bio-preservative with generally recognized as safe (GRAS) status [6]. Hypothiocyanite, a
10 product of LPOS, has been recognized as a safe antibacterial agent without negative effects on
11 human health [7, 8].

12 Bio-preservation using the LPO system could offer an additional hurdle to improving
13 the shelf life of various food products such as fruit [9], chicken meat [10], duck meat [11],
14 cheese [12] and local food product such as dangke [2, 13]. However, slight inhibition of
15 pathogenic bacteria also appeared in fresh milk. Other researcher reported the slight reduction
16 of below 1 log CFU/ml in fresh milk treated with the lactoperoxidase system [14]. It was
17 understood that lactoperoxidase antimicrobial activity might be enhanced using lysozyme [2],
18 beta carotene [15, 16], ectoine [17], alpha tocopherol [18], and chitosan [19], but it was
19 inhibited by several compounds such as hydrogen peroxide and thiocyanate in excess amounts
20 [20-22] and indigenous milk compounds such as casein [23] and saccharides [24]. It was then
21 presumed that the removal of casein and lactose from the milk enabled the use of
22 lactoperoxidase to reduce the population of bacteria in fresh milk.

23 It was reported that lactose reduces LPO activity by 38% because the sugar molecules
24 interact with the heme cavity of the LPO [24, 25]. The association of sugar molecules with the
25 heme cavity physically blocked the substrate-binding site, thereby resulting in the prevention
26 of the interaction of substrate with the heme iron [21]. This research aims to use LPOS to reduce
27 pathogenic bacteria in milk and its derived products after removal of lactose and casein from
28 milk. This research will provide beneficial information to apply LPOS in milk and derived
29 products.

30

31 MATERIALS AND METHODS

32 Materials

33 SP Sepharose™ Big Beads (Lot No 10081054) were purchased from GE Healthcare
34 Bio-Sciences AB, Sweden. Microbial rennet was purchased from Prodinvest Group, Russia.

1 Deoxycholate Hydrogen sulfide Lactose Agar (DHL) (Lot No 395-00461) was obtained from
2 Shinnihonseiyaku Co., Ltd., Japan. ABTS was purchased from Wako Pure Chemical Industry,
3 Japan. Bovine milk was freshly obtained from the experimental farm at the Faculty of Animal
4 and Agricultural Science, Diponegoro University, Semarang, Indonesia. Culture stock of
5 *Escherichia coli* FNCC 0009 was purchased from the Faculty of Agricultural Technology,
6 Gadjah Mada University, Yogyakarta, Indonesia. A spectrophotometer (Mini UV-1240,
7 Shimadzu, Japan) was used for Bradford protein analysis and enzyme activity. Sterile syringe
8 filters (Lot No: SF2030813) were purchased from Axiva Slichem Biotech Delhi, India. All
9 chemicals used in this study were of analytical grade.

10

11 **Preparation of whey, lactose-reduced whey and high-lactose solution**

12 Whey was obtained using fresh bovine milk that was treated with 0.02% (w/v) rennet.
13 Through these treatments, 1 L of fresh bovine milk was converted into 800 mL of whey. Casein
14 was removed using a sterile filter cloth, Lactose removal of whey was carried out by dialysis.
15 Untreated whey was dialyzed to produce reduced-lactose whey, and the solution eluted from
16 the dialysis membrane was collected as high-lactose solution.

17

18 **Purification of LPO from whey**

19 The procedure for immobilization of LPO from whey was conducted according to the
20 method of previous researcher [25], with minor modifications. SP Sepharose™ Big Beads
21 (SPBB) was used as the matrix for LPO purification from bovine whey. Whey was applied on
22 a glass column (2 x 17 cm) filled with 17 g of SPBB. Preparation of SPBB was initiated by
23 washing with 300 mL pure water and 300 mL of 0.1 mM phosphate buffer (PB) pH 6.8
24 containing 1 M NaCl to remove unnecessary compounds. After the whey was applied to the
25 column, the resin was washed with 100 mL 0.4 mM NaCl in 0.1 mM phosphate buffer pH 7.0
26 using a fraction collector (10 mL per tube). The purity of the derived LPO was checked by
27 Sodium Dodecyl Sulfate Polyacrylamide Gel Electrophoresis (SDS-Page), using the method of
28 previous researcher [26]. The protein solution was filtered through a 0.22- μ m syringe filter
29 unit. The purified LPO was stored at -20°C . The LPO purification was done for multiple times
30 until the band of LPO showed clear image using the SDS Page analysis.

31

32 **Determination of protein concentration**

33 Protein content was analyzed using Coomassie Brilliant Blue reagent [27]. The protein
34 standard was determined using bovine serum albumin.

10

1 **Inoculum preparation**

2 Inoculum was prepared following the method of Lang [28] with minor modifications.
3 Before each experiment, stock cultures of *E. coli* FNCC 0009 were streaked onto Nutrient
4 Broth. Cultures were incubated at 39 °C for 24 h.

5

6 **Determination of LPO activity**

7 LPO activity was assayed by using the method of Al-Baarri [24]. A 450 µl aliquot of
8 1.0 mM ABTS in 10 mM acetate buffer (pH 4.4) and 450 µl 0.55 mM H₂O₂ in pure water were
9 poured into the cuvette. Immediately, 50 µl of LPO was added to the cuvette. The increase in
10 absorbance at 412 nm was measured for 1 minute. One unit of LPO enzymatic activity was
11 expressed as the amount of enzyme needed to oxidize 1 µmol ABTS min⁻¹. The molar
12 extinction coefficient of ABTS at 412 nm was 32,400 min⁻¹ cm⁻¹.

13

14 **Determination of antibacterial activity**

15 Antibacterial activity was measured using the method previously described by Touch
16 [10] with modifications. The LPO system, composed of 3.0 U/ml LPO, 0.9 mM KSCN, and
17 0.9 mM H₂O₂, was incubated for 1 hour at room temperature to generate the antibacterial
18 compound. The LPOS solution was then added to the milk and its derivative products, which
19 were inoculated with *E. coli* at approximately 10⁷ CFU/mL. Each mixture was incubated in a
20 water bath shaker at 30 °C. Controls with 0.1 mM PB pH 7.0 instead of the milk were subjected
21 to the same treatment as the samples. Serial dilutions in sterilized pure water were prepared to
22 obtain countable numbers of bacteria. Counts were obtained by spreading 100 µL of each
23 mixture onto triplicate plates of DHL. The plates were incubated at 37 °C for 24 h. Colony
24 forming units (CFU) were enumerated in plates containing 30–300 colonies, and cell
25 concentration was expressed as log CFU/mL.

26

27 **Determination of lactose content in whey**

28 Lactose content in whey was determined by using a refractometer. The ability of the
29 refractometer to provide accurate measurements was indicated by how closely the test results
30 matched those obtained with the MilkoScan. This method was adapted from Chigerwe [29].
31 Whey obtained by the previously mentioned method of whey purification was analyzed by
32 means of the MilkoScan 203 and refractometer, resulting in a mean bias of 94 ± 1.92%. Lactose
33 concentrations were determined by comparing the value obtained by the refractometer with a

1 standard curve generated with lactose. The regression equation with $R^2 = 0.97$ was used to
2 determine lactose concentration.

3 4 **Data Analysis**

5 The analysis for antimicrobial activity and lactose content were carried out in triplicates
6 from 3 independent experiments, then it was analysed using descriptive analysis to explain its
7 changes. Data are showed as means±standard error of the mean. Statistical significance was
8 calculated using the GraphPad Prism statistical software (San Diego, USA). The ANOVA
9 analysis were used to decide the significance at P-values of less than 0.05.

10 11 **RESULT AND DISCUSSION**

12 **Purification of LPO and characteristics of the purified protein**

13 Lactoperoxidase is known as an antimicrobial agent in milk, saliva, and tears because
14 of its inhibitory action on bacteria through the oxidation reaction involving thiocyanate and
15 hydrogen peroxide [30, 31]. LPO is a glycoprotein consisting of a single polypeptide chain
16 with a molecular weight of 78 kDa (Golhefors and Marklundi, 1975; Jacob *et al.*, 2000). The
17 purification process of LPO from bovine whey was conducted at 10 °C to provide optimum
18 binding of LPO to the SP Sepharose matrix [30]. Therefore, this research used SP Sepharose
19 to bind LPO in whey.

20 A high peak of LPO activity was detected from fraction numbers 1–5, with values in
21 the range of 80–93 units (Fig. 1). No significant LPO activity was detected in fractions 6–9.
22 Each fraction was then applied to SDS-PAGE to determine its purity. As a result, several bands
23 were detected in fractions 1–3 (Fig. 2). However, fraction 4 and 5 showed a single band with
24 minor other proteins, indicating that purity of LPO was high in these fractions. Therefore,
25 fraction 4 and 5 were mixed and their activity calculated, obtaining 94 and 93 U/ml,
26 respectively. Since previous application of LPO for reducing *S. enteritidis* only required 4.5
27 U/ml [16], the lactoperoxidase obtained by this purified LPO sufficiently fulfills the need for
28 LPO application in the next set of experiments. Prior to enzyme collection in a 1.5 ml tube, the
29 mixed fraction was sterilized using a 0.22- μ m syringe filter, and then the enzyme was stored
30 at -20 °C.

31 32 **Antibacterial activity of the LPO system from bovine milk**

33 This research used 7.0 ± 0.10 log CFU/ml of *E. coli* as the initial population. The
34 incubation times were set to 1 and 4 hours at 30°C (Fig. 3). It can be seen that LPOS remarkably

1 reduced the population of *E. coli* in PB from the initial count to 5.58 ± 0.10 log CFU/mL,
2 indicating a reduction of 1.42 ± 0.03 log CFU/mL after 4 hours of incubation. These findings
3 imply that inhibitory effects on the antibacterial activity of LPO tend to increase with the higher
4 duration of incubation. However, statistical analysis showed that there were no significant
5 different ($P < 0.05$) in the antibacterial activity among treatments. This might be due to the high
6 population of initial bacteria that was used in this research. The incubation time plays a
7 remarkable role in bacterial reduction that could be seen by the increase in the antibacterial
8 activity at 4-h of incubation. As can be seen in control, antibacterial activity showed less than
9 0.1 log CFU/mL in the sample with a 1-hour incubation, then elevated to 1.42 ± 0.04 CFU/mL
10 at 4-h incubation. Opstal [32] reported a greater reduction of *E. coli* by LPOS (2.2 log CFU/mL)
11 from the initial count of 6.0 CFU/mL during 6 hours of incubation at 20 °C. These differences
12 between studies might have been due to differences in the bacterial load and incubation time.

13 Bacterial reduction in whole milk, skimmed milk, and untreated whey were less than
14 in the control (< 1.0 log CFU/mL), possibly due to the presence of casein and lactose in milk
15 and whey. Casein is the abundant component in milk protein that might protect substrate
16 microorganisms from absorption of the antimicrobial component, thus weakening the
17 inhibitory effect on bacteria [23]. It is known that bactericidal effects of OSCN⁻ compounds
18 from LPOS are key to killing bacteria by disrupting sulfhydryl groups (-SH) on proteins from
19 the bacterial cytoplasmic membrane [24], so the interaction between the sulfhydryl group and
20 OSCN⁻ might be hindered, resulting in the weakening of antibacterial action. Inhibition of
21 LPOS action could also occur due to hydrogen peroxide released from bacteria [23].

22 The lactose content in untreated whey was $1.82 \pm 0.20\%$, and after dialysis, it was
23 reduced to $0.69 \pm 0.10\%$ (Table 1). Results from the statistical study showed that the reduction
24 exhibited no significant different ($P < 0.05$), but it showed 62% reduction resulting in the 2.7
25 times of antibacterial activity enhancement of LPO from 0.62 ± 0.20 to 1.68 ± 0.10 that clearly
26 indicated inhibition of antibacterial activity of LPOS by lactose (Fig. 3). These results were
27 corroborated by those of previous researcher [10], finding that LPOS was unable to reduce the
28 significant amount of *S. enteritidis* in whole milk. Saccharides including lactose were potent
29 inhibitors of lactoperoxidase activity and showed kinetic inhibition of 3.20 ± 0.52 [24].
30 Therefore, the reduction of the lactose amount in milk might increase the action of LPOS
31 against the growth of bacteria. The inhibition of LPOS by lactose might be due to the
32 weakening of enzymatic activity of LPO, since saccharides are non-specific stabilizer of
33 protein that allows for direct interaction between carbohydrate and protein molecules through
34 hydrogen bond formation, resulting in the reduction of enzymatic activity [33]. In addition, as

1 reported by previous researcher [34], carboxylic group might bind to the side chain of 2-Glu258
2 to form a strong hydrogen bond resulting in the inability of natural substrate such as thiocyanate
3 to bind to LPO.

4 It was described that lactose had performed LPO inhibitor, therefore the lactose
5 conversion into other compound was suggested. Previous researcher [35] applied lactose
6 reduction using lactose oxidase to generate H₂O₂ compound resulting in the enhancement of
7 antimicrobial function of LPOS, however the avoidance of lactose binding to the specific site
8 of LPO might be required since lactose may still provide beneficial effect to the nutrient content
9 of dairy product. However, in order to achieve the practical application in dairy industry, this
10 research may provide the novelty with clear explanation that the reduction of lactose content
11 is strongly suggested to exhibit the beneficial impact on the shelf life dairy products.

12 13 **Conclusion**

14 This research indicated that LPOS had a moderate antibacterial effects on *E. coli* in
15 whole milk, skimmed milk, and whey. Lactose reduction from whey remarkably enhanced
16 bactericidal activity. LPOS can effectively act as antibacterial reagent in lactose reduced dairy
17 products.

18 19 **Acknowledgement**

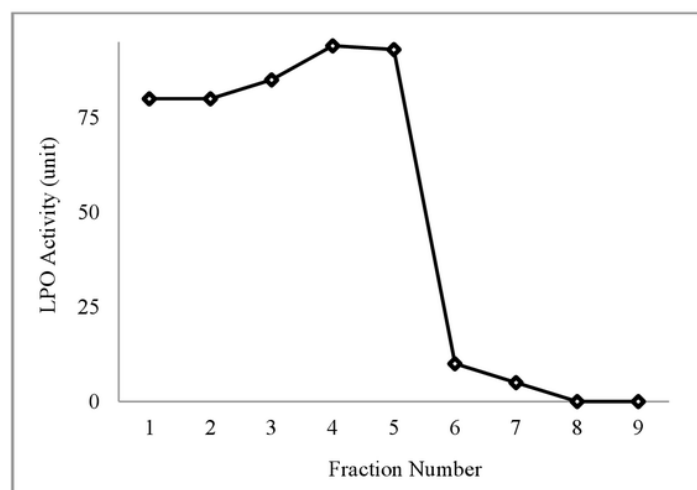
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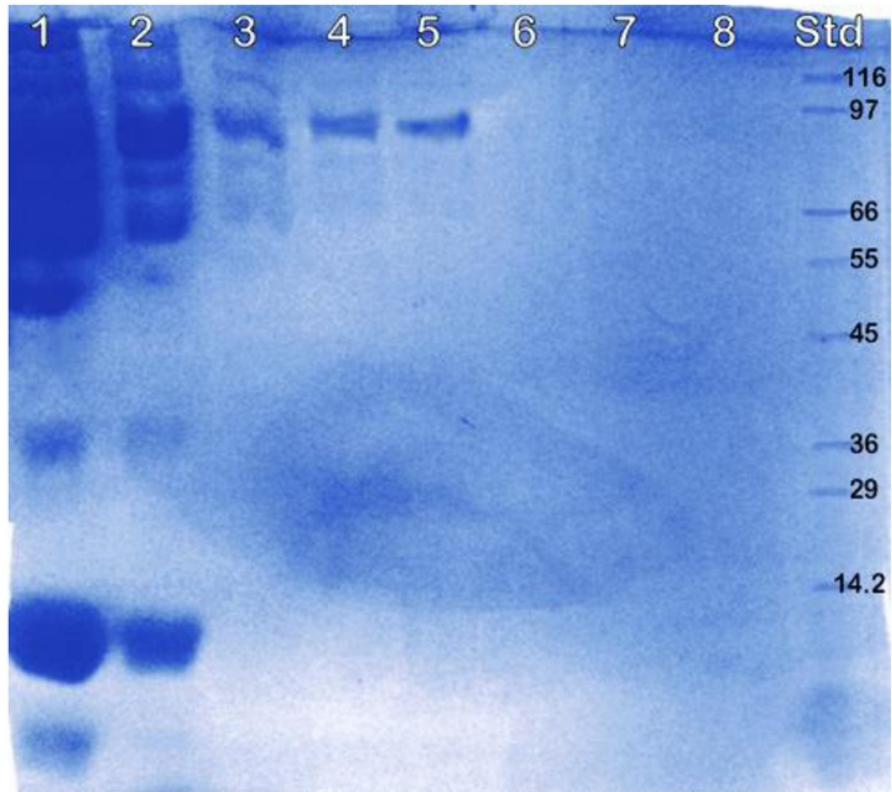
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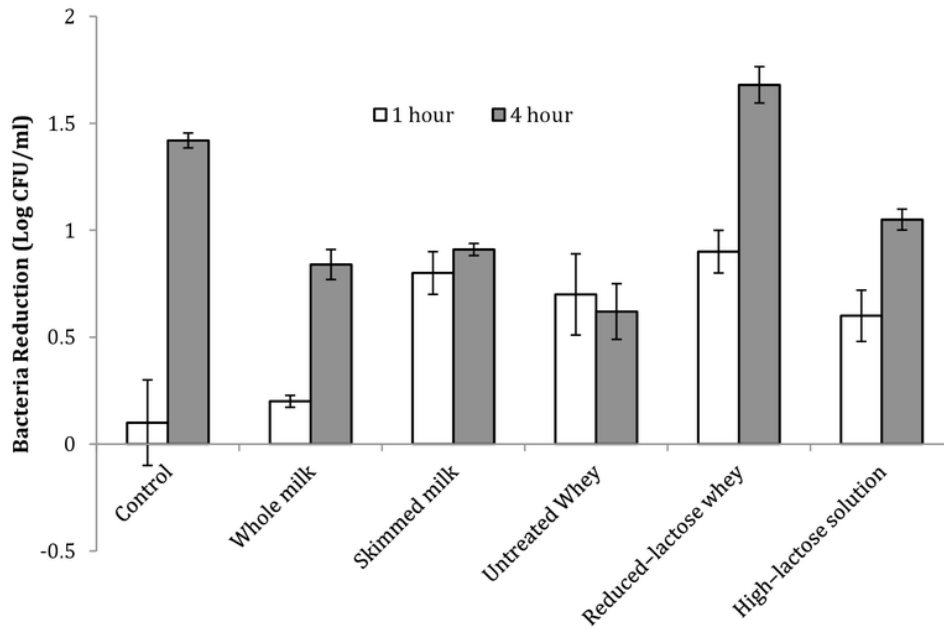
1 **Fig. 1.** LPO activity in nine fractions obtained from the elution of 0.4 mM NaCl in 0.1 mM
2 phosphate buffer pH 7.0 through column containing Sepharose™ Big Beads.
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Fig. 2. SDS PAGE profile of nine fractions that were eluted from column packing Sepharose™ Big Beads. Lane 1 to 8 were the sample from fraction 1 to 8.

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Fig 3. Antibacterial effect of LPOS against *E. coli* in milk and derivative products. This number was calculated from the initial population of 7.0 ± 0.10 log CFU/ml. The solution containing *E. coli* and LPOS was incubated for 1 and 4 hour in 30°C. Values are means \pm SE (n = 3).

1 **Table 1.** Lactose content in untreated whey, reduced-lactose whey, and high-lactose solution.
2

Materials	Lactose content (%)
Untreated whey	1.82±0.20
Reduced-lactose whey	0.69±0.10
High-lactose solution	2.05±0.30

3 Values are means ± SE (n = 5).
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