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ABSTRACT BOOK

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The relationship between maternal motivation and breastfeeding behavior in Kendal

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Exclusive breastfeeding is the best breastfeeding behavior from mother who give breastmilk to her baby. This affected mother motivation because of motivation is the ability to do something or the urge to do something. The purpose of this study was to prove the relationship between the level of maternal motivation in exclusive breastfeeding with breastfeeding behavior in Kendal. This study used a descriptive correlation study with cross-sectional approach. The samples in this study were mothers with infants aged 6-12 months, amounting to 46 people. Sampling technique using samples saturated. Data analysis used Chi Square test. Partial breastfeeding is common behavior from mother, and exclusive breastfeeding is little (8,9%). P value chi square is 0,008 that indicating a relationship between maternal motivation and breastfeeding behavior. This study expected mothers to breastfeed exclusively for 0-6 months, having well motivation, and to families expected to motivate mothers who are breastfeeding their children in order to breastfeed exclusively. Maternal motivation associated with breastfeeding behavior.

Keywords: Breastfeeding behavior, Exclusive breastfeeding, Maternal motivation

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