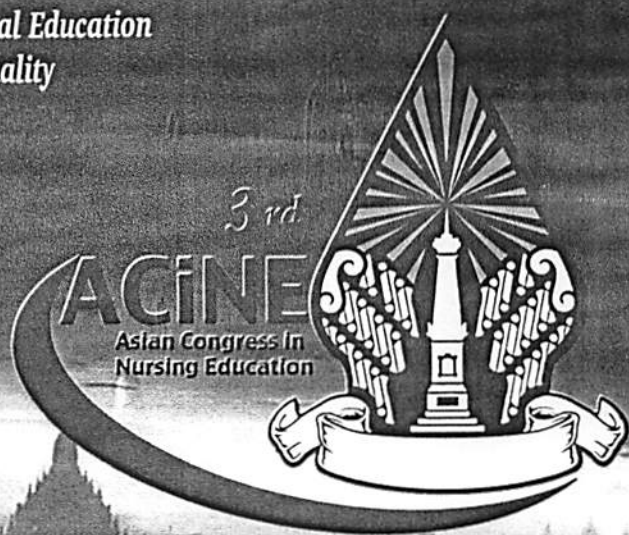


BOOK OF ABSTRACTS

The 3rd Asian Congress in Nursing Education

*Optimizing Interprofessional Education
to Improve Health Care Quality*



Organized by:



Co-organized by:



18 -20 April 2018 | Yogyakarta, Indonesia



ACINE 2018

The 3rd Asian Congress in Nursing Education

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Yogyakarta, 18-20 April 2018

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Optimizing Interprofessional Education to Improve Health Care Quality

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Abstract

03.05.05

BREAST FEEDING SELF EFFICACY IN FIRST WEEK POST PARTUM

Anggorowati Anggorowati, Elsa Naviati, Sari Sudarmiati, Fatikhu Yatuni Asmara, Dwi Susilowati

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The success of breastfeeding mothers is demonstrated by exclusive breastfeeding for six months. Self-efficacy of breastfeeding mothers determines the success of exclusive breastfeeding. The objective of the study was to analyze the characteristics of mothers with regard to self-efficacy. Cross-sectional research in first-week postpartum, normal delivery, live birth. Sample taken by purposive sampling on 44 postpartum mothers in Public Health Center and hospital in Semarang area. Data were analyzed by linear regression. The results of the study were mostly high school educated women (56.8%), hospital birth (52.3%), there were self-efficacy differences on the first and third days ($p = 0,032$). Strong characteristic factors influenced the self-efficacy of early breastfeeding initiation ($p = 0,002$) and gravida ($p = 0,013$). In postpartum women should be done early breast-feeding initiation and before the third day should be given education, family support and nurse / midwife for exclusive breastfeeding.

Keywords: post partum mothers, breastfeeding self efficacy, early breastfeeding initiation