

**HUBUNGAN ANTARA DUKUNGAN SOSIAL DENGAN *MATERNAL SELF-EFFICACY* PADA ANAK *AUTISM SPECTRUM DISORDER* (ASD)**

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**ABSTRAK**

Coleman dan Karraker (2000) mendefinisikan *parenting self-efficacy* sebagai penilaian diri orang tua terhadap kompetensinya dalam melakukan peran sebagai orang tua, atau persepsi orang tua mengenai kemampuan mereka secara positif mempengaruhi perilaku dan perkembangan anak mereka. Salah satu faktor yang mempengaruhi *maternal self-efficacy* adalah dukungan sosial. Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial yang dirasakan individu, diperoleh dari orang-orang terdekat dengan *maternal self-efficacy*. Subjek penelitian ini adalah ibu yang mempunyai anak *autism spectrum disorder* (ASD). Sampel diambil menggunakan teknik *purposive sampling* dengan jumlah 46 orang. Pengumpulan data menggunakan dua skala model Likert yaitu Skala *Maternal Self-Efficacy* (38 aitem valid,  $\alpha=.97$ ) dan Skala Dukungan Sosial (40 aitem valid,  $\alpha=.98$ ) yang telah diujicobakan pada 31 ibu yang mempunyai anak *autism spectrum disorder* (ASD). Analisis hasil data dengan menggunakan analisis regresi sederhana menunjukkan adanya hubungan yang positif dan signifikan antara dukungan sosial dengan *parenting self-efficacy* yang ditunjukkan dengan koefisien korelasi  $r_{xy}=.46$  dengan  $p=.001$  ( $p<.05$ ). Dukungan sosial memberikan sumbangan efektif sebesar 21% terhadap *maternal self-efficacy*.

**Kata kunci : dukungan sosial, *maternal self-efficacy*, ibu, *autism spectrum disorder***

**CORRELATION BETWEEN SOCIAL SUPPORT AND MATERNAL  
SELF-EFFICACY IN CHILDREN OF  
AUTISM SPECTRUM DISORDER  
(ASD)**

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**ABSTRACK**

Coleman and Karraker (2000) defined parenting self-efficacy as a self-assessment of parents towards their competence in performing the role of a parent, or parents perception about their ability to positively influence behavior and development of their children. One of the factors that influence maternal self-efficacy is social support. This study aims to determine the relationship between perceived social support of individual, derived from the people closest to maternal self-efficacy. Subjects were mothers with autistic spectrum disorder. Samples were taken using purposive sampling with 46 mothers. Collecting data is use two Likert scale models Maternal Self-Efficacy Scale (38 item valid,  $\alpha = .97$ ) and Social Support Scale (40 item valid,  $\alpha = .98$ ), which has been tested on 31 women who have children with autism spectrum disorder (ASD). Analysis of the results data using simple regression analysis showed a positive and significant relationship between social support and parenting self-efficacy as indicated by the correlation coefficient  $r_{xy} = .46$ ,  $p = .001$  ( $p < .05$ ). Social support provides effective contribution of 21% of the maternal self-efficacy.

**Keywords: social support, maternal self-efficacy, mother, autism spectrum disorder**