



**THE TRIANGULAR LOVE OF MAIN CHARACTERS IN
E. L. JAMES' *FIFTY SHADES DARKER* (2011)**

**A THESIS
In Partial Fulfillment of the Requirements
for the Bachelor Degree Majoring in American Cultural Studies
in English Department
Faculty of Humanities Diponegoro University**

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PRONOUNCEMENT

The writer honestly confirms that she compiles this thesis entitled “The Triangular Love of Main Characters in E. L. James’ *Fifty Shades Darker* (2011)” by herself and without taking any results from other researchers in S-1, S-2, S-3 and in diploma degree of any university. The writer ascertains also that she does not quote any material from other publications or someone’s paper except from the references mentioned.

Semarang, October 2016

Karina Rahma Hadiani

MOTTO AND DEDICATION

وَلَا تَهِنُوا وَلَا تَحْزِنُوا

“Don’t lose hope, nor be sad.”

—*Q.S. Al-Maidah (3) : 139*

يَا أَيُّهَا الَّذِينَ آمَنُوا اسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ إِنَّ اللَّهَ مَعَ الصَّابِرِينَ

“O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient.”

—*Q.S. Al-Baqarah (2) : 153*

“See the bad inside yourself, and see the good inside others.”

—*Imam Ali A.S.*

“We didn’t realize we were making memories, we just knew we were having fun.”

—*Winnie The Pooh*

This thesis is proudly dedicated to my beloved family and friends,

also to everyone who helped me accomplished this paper.

Thank you very much.

APPROVAL

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The writer realizes that this thesis is still far from perfect. Therefore, she will be glad to receive any constructive criticism and recommendation to make this thesis better.

Finally, the writer expects that this thesis will be useful to the reader who wishes to learn something about research on intimacy, passion, and commitment, as the aspects of love.

Semarang, October 2016

Karina Rahma Hadianti

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ABSTRACT

This thesis focuses on love aspects shown in *Fifty Shades Darker* (2011) novel by E.L. James. *Fifty Shades Darker* novel describes the love relationship between the characters named Christian Grey and Anastasia Steele. The aim of this thesis is to prove the existence of love aspects in the novel by analyzing the intrinsic and extrinsic aspects. The writer uses library research to collect the data with the novel as the main data and several relevant books, journals, articles, also online documents and websites are used as the supporting data. The intrinsic aspects covers characters, setting, and conflicts. Meanwhile, in the extrinsic aspects, the writer elaborates Robert Sternberg's triangular theory of love. Based on Robert Sternberg's triangular theory of love, there are three components of love: intimacy, passion, and commitment. The result of this thesis proves that, according to Robert Sternberg's triangular theory of love, both characters in the novel, Christian Grey and Anastasia Steele, have experienced intimacy, passion, and commitment in their love relationship.

Keyword: *love, relationship, intimacy, passion, commitment*

ABSTRAKSI

Skripsi ini membahas aspek-aspek cinta yang terdapat di novel *Fifty Shades Darker* (2011) karya E.L. James. Novel *Fifty Shades Darker* memaparkan kisah cinta antara dua tokoh bernama Christian Grey dan Anastasia Steele. Tujuan penulisan skripsi ini adalah untuk membuktikan keberadaan aspek-aspek cinta dari novel dengan menganalisis unsur intrinsik dan ekstrinsik. Penulis menggunakan penelitian studi pustaka untuk mengumpulkan data dengan novel sebagai data utama dan buku, jurnal, artikel, serta situs web dan sumber-sumber on line yang relevan sebagai data pendukung. Unsur intrinsik memuat karakter, latar, dan konflik. Sementara itu, pada unsur ekstrinsik, penulis mengembangkan teori segitiga cinta dari Robert Sternberg. Berdasarkan teori segitiga cinta, terdapat tiga komponen dari cinta: keintiman, hasrat, dan komitmen. Hasil analisis menunjukkan bahwa, berdasarkan teori segitiga cinta dari Robert Sternberg, kedua tokoh di novel, Christian Grey dan Anastasia Steele, telah mengalami tiga unsur dari keintiman, hasrat, dan komitmen dalam kisah cinta mereka.

Kata kunci: *cinta, hubungan, keintiman, hasrat, komitmen*

CHAPTER I

INTRODUCTION

1.1. Background of The Study

Love is an affection that every single human being owned. A. S. Hornby in Oxford Dictionary defines love as “a strong feeling of deep affection for somebody or something, especially a member of your family or a friend” (2010:916). In addition, Hornby also explains that love is “a strong feeling for somebody that you are sexually attracted to” (2010:916). Meanwhile, Erich Fromm, a social psychologist, states in his book:

Love is a decision, it is a judgment, it is a promise. If love were only a feeling, there would be no basis for the promise to love each other forever. A feeling comes and it may go. How can I judge that it will stay forever, when my act does not involve judgment and decision (1956:51).

Fromm explains that love is not a feeling, however it is a practice that requires discipline, concentration, patience, faith, and the overcoming of narcissism.

People in general tend to connect love with the romantic one. Merriam-Webster Dictionary defines romantic as “consisting or resembling a romance”. Meanwhile, Oxford Dictionary defines relationship as ‘a loving and/or sexual friendship between two people’ (2010:1285). In addition, Psychology Today website states that most people say that romantic relationship is the most meaningful thing in their life.

Robert Sternberg, a psychologist, finds a study on triangular theory of love. According to the study, love has three basic components. Those components are intimacy, which refers to feelings of closeness, connectedness, and bondedness in loving relationships; passion, refers to the drives connected to romance, physical attraction, sexual consummation, and related phenomena in loving relationship; and commitment, the decision that one loves someone else, and in the long term, the commitment to maintain that love (1986:119).

Someone's intimacy, passion, and commitment is getting bigger and could turn so strong as he or she is deeply in love to another mankind. As an example taken from a literary works, we can see Christian Grey and Anastasia Steele as main characters of *Fifty Shades Darker* novel. The writer finds out that E. L. James' *Fifty Shades Darker* novel depicts the triangular love of both main characters to each other. As we can see from the novel, both Christian and Anastasia's passion, intimacy, and commitment to each other are clearly seen as both of them are deeply in love. Explanations above become the reasons of the writer to analyze intimacy, passion, and commitment of Christian Grey and Anastasia Steele in this thesis. Hence, the writer decides to give the title of this thesis "The Triangular Love of Main Characters in E. L. James' *Fifty Shades Darker* (2011)."

Fifty Shades Darker is a novel written by E. L. James in 2011. It is a sequel from Fifty Shades Trilogy, following the previous novel, *Fifty Shades of Grey*. *Fifty Shades Darker* tells about the continuation romantic relationship of Christian Grey and Anastasia Steele. After being left by Anastasia as his submissive in a BDSM relationship (bondage and discipline—dominance and submission—sadism and masochism), Christian realizes that he is deeply in love with Anastasia, as a man to woman, not because Anastasia is her submissive. On the other side, Anastasia, who left Christian before because she could not let herself being Christian's submissive, also realize that she really loves Christian. Both of them meet in an occasion and later begin to have a relationship again. It is not same as the previous relationship before, but it is rather a romantic one.

1.2. Aims of The Study

In line with the title, “The Triangular Love of Main Characters in E. L. James’ *Fifty Shades Darker* (2011)” the aims of this thesis are:

- 1) Describing the intrinsic and extrinsic aspects of *Fifty Shades Darker* novel.
- 2) To prove the existence of intimacy, passion, and commitment from Christian Grey and Anastasia Steele’s love relationship in *Fifty Shades Darker* novel.

1.3. Scope of Study

To make the discussion flows in accordance with the topic, the writer will make the limitation. The discussion is limited only on two elements, intrinsic and extrinsic elements. The intrinsic elements comprise the narrative aspects. It covers characters, settings, and conflicts. Furthermore, the extrinsic element will give explanation about the triangular theory of love of both main characters, Christian Grey and Anastasia Steele, in E. L. James’ *Fifty Shades Darker* novel.

1.4. Method of The Study

Method of the study helps the writer to gather data related to the topic. There are two methods used by the writer to collect data, namely method of research and method of approach.

1.4.1. Method of Research

To look for some information related to the topic of the thesis, the writer uses library research. According to Semi, library research is a method of research focusing on the library as the place filled with the information and data related to the paper (1993:17). It is often used for

those who choose not to get direct information through survey and interview. The information about library research can be found on the books, articles, and journals.

Semi further states, “Method of research is a method that is used to find out, develop, and test the truth of knowledge empirically based on the fact and the data. Library research is analyzing the object inside the researcher’s work room.” (1993:37)

1.4.2. Method of Approach

In this thesis, the writer uses two methods of approach related to the scope of study above. The first one is exponential approach. Guerin states that “an exponent is a part within a whole” (2005:199). Exponential approach is an approach that is used to analyze the intrinsic aspects, which are characters, setting, and conflict. Psychological approach is also used in this thesis. William James in 1890 states that psychology is the science of mental life, both of its phenomena and their conditions. The writer thinks that psychology approach is a good approach in analyzing Robert Sternberg’s triangular theory of love. As a supporting reason, Fadul states that psychology depicts love as a cognitive and social phenomenon (2015:237). The psychological approach is used to analyze the extrinsic aspects, which are the intimacy, passion, and commitment of Christian Grey and Anastasia Steele in E. L. James’ *Fifty Shades Darker* novel.

1.5. Organization of The Writing

The organization of this paper is made as follows:

Chapter 1 : INTRODUCTION

It contains background of the study, scope of the study, aims of study, methods and approaches, and organization of the study.

Chapter 2 : SYNOPSIS OF E. L. JAMES’ *FIFTY SHADES DARKER*

It contains the summary of the novel. The existence of this chapter will ease the reader who has not read the novel in discovering the characters, story, and the storyline.

Chapter 3 : THEORETICAL FRAMEWORK

This chapter deals with the theories supporting the discussion of the topic. The theories explain the definition of intrinsic elements, such as characters, setting, and conflicts. For the extrinsic aspects, the writer explains Robert Sternberg's triangular theory of love which describes intimacy, passion, and commitment.

Chapter 4 : THE TRIANGULAR LOVE OF MAIN CHARACTERS IN E. L. JAMES' *FIFTY SHADES DARKER* (2011)

It contains the analysis of intrinsic and extrinsic elements of E. L. James' *Fifty Shades Darker* novel. The analysis will refer to the theory on chapter three.

Chapter 5 : CONCLUSION

It contains the summary of the topic analysis that has been discussed.

CHAPTER II

SYNOPSIS OF E. L. JAMES' *FIFTY SHADES DARKER*

Three days after Anastasia Steele breaks her relationship off with a young entrepreneur named Christian Grey, she tries to focus on her new career in a publishing house in Seattle. However, Anastasia cannot let Christian go away from her thought in every single second in her life. She struggles to forget him but she cannot. She is suffering without Christian. In other way, Christian also still dominates Anastasia's life, trying to get another chance to make Anastasia come back to him. He also cannot stop thinking about Anastasia.

Christian asks Anastasia to restart their relationship with different proposition. He realizes that he is deeply falling in love with her. Although he does not clearly mention it, it is obviously seen from his acts and kindness to her. Anastasia, too, cannot resist Christian's proposal because she is still in love with him. Then they decides to try a regular love relationship which they call 'vanilla relationship', a relationship that involves no twists or kinkiness, and no sadism and masochism. It is different from the previous relationship they have been through, which is BDSM relationship, where Anastasia is being Christian's submissive, not her lover, and she finally gives up on their BDSM relationship.

Christian and Anastasia realize that both of them are never in a love relationship before. Anastasia has never dated anyone, has never been in love with anyone, and also never been in a relationship with anyone before. Meanwhile, Christian's previous relationships with women are always as BDSM relationship, where he has a role as the dominant and the women as his submissives. He never admits his ex-submissives as his lover, because he never falls in love with one of them. Before he meets Anastasia, Christian does not believe in love and always tries to not letting his emotional feelings affect him.

While they have been through their relationship, they have to face many obstacles. First, Christian's ex-submissive, Leila, who is in trouble and looking for Christian's help in a wrong way. Second, an intervention to their relationship from a woman named Elena Lincoln, Christian's ex-mistress who is also his business friend. Then, Anastasia's boss who is really crazy to own Anastasia and trying to snatch her from Christian.

However, the obstacles are not only that. Despite he never clearly mentions that he loves Anastasia and he still doubts that he can love someone and deserves to be loved, Christian also has to prove Anastasia that he is really falling in love with her no matter who she is and whatever she has. He has to prove that Anastasia is his forever love and he would do everything to be with her. Christian has to do that because sometimes Anastasia is not confident in their relationship and afraid that she cannot fulfill his needs. On the other hand, Anastasia believes that Christian loves her and she is waiting for his declaration of love, even though sometimes she doubts that she can make it through the relationship.

Even though sometimes Anastasia is not confident with her relationship with Christian, she really loves Christian. Every time she hears the story about Christian's past, she also feels hurt. She wants Christian to deserve love, which also she gives to him. With her love she tries to assure Christian that he deserves to be loved. Anastasia's love to Christian also can be seen when Christian is missing because of a little accident, and she cannot stop thinking about him. She is extremely sad and deeply lost even though Christian has been missing only for a day. Anastasia really puts Christian as a priority on her mind because she really loves him.

Time by time, day by day, the shades of Christian and his past time story is cracking and seen, one by one. Lucky Christian that Anastasia accepts and understands it. Anastasia even more deeply falls in love with Christian. Her feelings, her romance, and her commitment in

loving Christian never stops growing. So is Christian. He finally declares that he loves Anastasia and he is willing to do everything to Anastasia, eventhough it can change him a bit, so he will be together with her. Christian pleases Anastasia by doing things he has never done to his ex-submissives: introducing her to his family, proposing her, buying her a house, and also planning a future life to have kids with her.

CHAPTER III

THEORETICAL FRAMEWORK

3.1. Intrinsic Aspect

According to Abrams and Harpham, a narrative is a story, whether told in prose or verse, involving events, characters, and what characters say and do (1999:173). However, each literary work has its own narrative aspects. Narrative aspects, which are also called intrinsic aspects, are generally divided into plot, theme, setting, characters, style, point of view, and conflict. However, the writer only describes characters, setting, and conflict to limit the discussion.

3.1.1. Characters

Characters are the objects of the story. In a literary work, characters have important role to develop the story. Abrams and Harpham in *A Glossary of Literary Terms* state,

Characters are the persons represented in a dramatic or narrative work, who are interpreted by the reader as possessing particular moral, intellectual, and emotional qualities by inferences from what the persons say and their distinctive ways of saying it—the dialogue—and from what they do—the action. (1999:33)

To divide types of characters, there are major and minor characters. Major characters are the central figure in a story and dominate the story plot. Major characters usually make the most things happen or have the most things happen to them. Meanwhile, minor characters are supporting characters that surround the major characters. Their functions are usually fleshing out the motivations of the major characters. Eventhough their presence and influences in the story are not as large as major characters, they help major characters to develop the story.

3.1.2. Setting

A literary work contains setting to develop the story. The setting depicts where the story takes place. It includes time, place, and social environment. There is a possible relationship

between setting and other narrative elements of the story. Meyer in *Literature to Go* describes that,

Setting is the context in which the action of a story occurs. The major elements of setting are time, place, and the social environment that frames the characters. These elements establish the world in which the characters act. In most stories they also serve as more than backgrounds and furnishings. (2011:115)

From Meyer's statement above, there are three components of setting. They are setting of time, setting of place, and setting of social environment.

According to Holman, setting of time is the time or period which the action takes place (1972:453). It may show a specific time of the story, such as day, date, month, or year. Setting of time usually provides the answer of question 'when'. Meanwhile, Holman defines setting of place as the actual geographical location, its topography, scenery, and such physical arrangements as the location of the windows and doors in a room (1972:453). Setting of place reflects in which the story takes place. In a novel, there are possibilities to find more than one setting of place. Setting of place explains the answer of question 'where'.

Moreover, there is also setting of social environment. Holman states that setting of social environment is the general environment of the characters (1972:453). Setting of social environment describes the situation of the society as the background of the novel. It can be revealed from customs, beliefs, and values of the society. Social environment may affect social background or personality of the characters.

3.1.3. Conflicts

Perrine, in his book *Literature: Structure, Sound, and Sense*, states that conflict is "a clash of actions, desires, ideas, or goals in the plot of a story or drama and it may exist between the main character and some other person or persons; between the main character and some external

forces, physical nature, society, or fate; or between the main character and some destructive elements in his or her own nature” (1988:1408). Without a conflict, it is impossible to create a plot in a story. In addition, Meyer divides conflict into two, internal conflict and external conflict.

Internal conflict occurs between the character and his mind. Meyer states that within internal conflict, the conflict may also be internal; in such a case some moral or psychological issues must be resolved within the protagonist (1990:45). Generally, internal conflict involves moral or psychological issues that shadows the character’s mind.

External conflict occurs between the character and other character or the environment in the story. Meyer defines external conflict as the protagonist’s physical struggles with a formidable foe or the ever-present dangers of a dense jungle echoing wild screams provide plenty of excite. It may place the protagonist in opposition to another individual, nature, or society (1990:46). External conflict concerns about the challenge that is faced by the character in order to achieve the story goal, whether it is from other character, nature, society, or other external factors.

3.2. Extrinsic Aspect

3.2.1. Robert Sternberg’s Triangular Theory of Love

The triangular theory of love holds that love can be understood in terms of three components that together can be viewed as forming the vertices of a triangle. These three components are intimacy (the top vertex of the triangle), passion (the left-hand vertex of the triangle), and decision/commitment (the right-hand vertex of the triangle). Each of these three

terms can be used in many different ways, so it is important at the outset to clarify their meanings in the context of the present theory.

1. Intimacy

The intimacy component refers to feelings of closeness, connectedness, and bondedness in loving relationships. It thus includes within its purview those feelings that give rise, essentially, to the experience of warmth in a loving relationship. Sternberg indicates that it includes, among other things, feelings of (a) desire to promote the welfare of the loved one, (b) experienced happiness with the loved one, (c) high regard for the loved one, (d) being able to count on the loved one in times of need, (e) mutual understanding with the loved one, (f) sharing of one's self and one's possessions with the loved one, (g) receipt of emotional support from the loved one, (h) giving of emotional support to the loved one, (i) intimate communication with the loved one, and (j) valuing the loved one in one's life.

2. Passion

The passion component refers to the drives that lead to romance, physical attraction, sexual consummation, and related phenomena in loving relationships. The passion component thus includes within its purview those sources of motivational and other forms of arousal that lead to the experience of passion in a loving relationship. In a loving relationship, sexual needs may well predominate in this experience. However, other needs, such as those for self-esteem, succorance, nurturance, affiliation, dominance, submission, and self-actualization, may also contribute to the experiencing of passion.

3. Decision/Commitment

The decision/commitment component refers to, in the short-term, the decision that one loves a someone else, and in the long-term, the commitment to maintain that love. The decision/commitment component thus includes within its purview the cognitive elements that are involved in decision making about the existence of and potential long-term commitment to a loving relationship.

CHAPTER IV

THE TRIANGULAR THEORY OF LOVE OF MAIN CHARACTERS IN

E. L. JAMES' *FIFTY SHADES DARKER* (2011)

4.1. Intrinsic Aspect

Intrinsic aspect is essential for each literary work. It contains character, setting, and conflict. The writer uses them in analyzing E. L. James' *Fifty Shades Darker*.

4.1.1. Characters

As explained in the previous chapter, characters are the object of the story who have important role to develop the story. Furthermore, this thesis will describe major characters and minor character of E. L. James' *Fifty Shades Darker*.

4.1.1.1. Major Characters

As explained before, major characters are the center figure in a story and dominates the story plot. The major characters of *Fifty Shades Darker* novel are Christian Grey and Anastasia Steele. The writer finds out that the presence of Christian Grey and Anastasia Steele in the novel really dominates the story plot.

4.1.1.1.1. Christian Grey

Christian Grey is a young, rich, successful entrepreneur who is deeply in love with Anastasia Steele, a girl whom he met in an interview to replace her friend and had ever become his future submissive. He owns several companies, and also known as a handsome man. Beside his social life that seems perfect—young, rich, handsome, and success, Christian has a very dark story about his past. He admits to Ana that he had a horrific childhood. He had a birth mother—the crack whore, whom Christian thinks neglectful because she did not protect him from her abusive pimp, then killed herself (2011:37). Even when Christian was adopted by Carrick and

Grace Trevelyan-Grey, he did not speak for nearly two years, as it reveals in the novel. Apparently, the arrival of his adopted sister, Mia, becomes one of his therapies. From that evidence, the writer thinks that Christian's childhood is really traumatic.

Christian's traumatic childhood turns him into a sadist. He likes controlling people and being a dominant. He does that as his mother's pimp used to abuse him. When he was a teenager, he had a relationship—a long-standing affair—with Elena Lincoln, or also known as Mrs. Robinson, when he began to know about BDSM relationship that he applies for himself in his life until he meets Anastasia. At that time, he looked for a brown-haired girl to sign a contract to be his submissive. He confesses to Anastasia that he used to punish little brown-haired girls like her because they look like the crack whore, his birth mother (2011:329). He also avoids to have emotional feelings with his submissives. It is shown when he says to Anastasia that he had never had an emotional connection with any of his submissives (2011:399). When Anastasia left him just as his future submissive, Christian then realizes that he is falling love with her and believes that he does not need other BDSM relationship as long as he can live with Anastasia forever. Even he would like to do anything for Anastasia as he says that he want to give her the world (2011:109). Christian even proposes her to make Anastasia believes in him and never leaves Christian again.

However, Christian also often thinks negative about himself. In spite of the fact that he really loves Anastasia, Christian thinks that he does not deserve to be loved by everyone, neither by Anastasia. He says to Anastasia, "... I'm a husk of man. I don't have a heart (2011:195)." That dialog emphasizes that Christian is actually not confident with himself. The writer thinks that this is happened also because of his childhood where he gets abandoned by her mother and as an influence of being controlled by Mrs. Robinson when he was a teenager.

It is also revealed that Christian suffers from haphephobia—the fear of being touched, self-
abhorrence, also parasomnia—night terrors. However, Christian can pass all of them well when
he is with Anastasia. He lets Anastasia touches him and he has no more nightmare when he
sleeps with Anastasia. As he states to Anastasia, “.... I don’t have nightmares when you’re with
me” (2011:234). It also proves that he is deeply in love with Anastasia, where his love can defeat
anything, including his suffers.

4.1.1.1.2. Anastasia Steele

Anastasia Steele is a young, ordinary woman who just starts her new career in Seattle
publishing house after she graduates. She has ever broken off her relationship as a submissive of
Christian Grey. However, then she realizes that she cannot forget him and she is already falling
in love with him. As she states in her thought,

Torturous memories flash through my mind—the gliding, holding hands, kissing, the
bathtub, his gentleness, his humor, and his dark, brooding, sexy stare. I miss him. It’s been
five days, five days of agony that has felt like an eternity. I cry myself to sleep at night,
wishing I hadn’t walked out, wishing that he could be different, wishing that we were
together. How long will this hideous overwhelming feeling last? I am in purgatory.
(2011:8)

When Christian proposes a new deal of relationship, Anastasia cannot resist him, because
she is already falling in love with him. Despite she takes her love relationship back with
Christian, Anastasia is often conflicted with herself. She often has negative feelings about her
and her relationship with Christian. She doubts that she can fulfill Christian’s needs to be his
love. Then, she always thinks that Christian will never love her if he was not broken. Although
she knows that Christian really loves her and she also really loves him, Anastasia feels that she is
just a normal girl who does not have any special value for a man like Christian.

At her work and daily life, the writer thinks that Anastasia is an independent, attractive,
professional, and friendly woman. Not only close to her co-workers, she also puts her job as a

priority. Her manager even says that she has a shrewd mind so she can do her job well. Anastasia does not like to be interfered by people, either at work or in her life. She is mad at Christian when she finds out that Christian buys SIP company. She does not even interested in Christian because of his richness. Beside it can be seen from her nature, she also mentions that she has never aspired of wealth (2011:428). As an evidence that she does not like being interfered in her life, when Mrs. Robinson interferes her relationship with Christian, she is very angry with her. She wants to live her relationship only with Christian, without any intervention of other people.

4.1.1.2. Minor Characters

There are many minor characters which are mentioned in E. L. James' *Fifty Shades Darker* novel. However, the writer only explains one minor character who has conflicts and influences for Christian and Anastasia's relationship, which is Elena Lincoln, or also known as Mrs. Robinson.

4.1.1.2.1. Elena Lincoln / Mrs. Robinson

Elena is Christian's ex mistress and his first submissive who is also his business partner and his only friend. Anastasia describes her as a stunning, older, beautiful woman when she accidentally sees Elena in a beauty salon. Elena has a very big influence to Christian's life after she had a long-standing affair with him. It is revealed that she has loaned Christian a hundred grand dollars to start a business after he is dropped out from Harvard University (2011:102). For years, she always becomes Christian's friend whom Christian always looks for when he needs help or advice. However, after Christian meets Anastasia, she stops seeing Elena again. It makes her interferes Christian and Anastasia's relationship.

Elena interferes Christian's relationship with Anastasia to make Christian believe that she still cares to him. She tells Anastasia that she will never forgive Anastasia if she leaves Christian again because she does not want to see Christian being hurt. She actually does that to make Christian believe that she is the only one who really understand him—his situation, his needs, and everything about him. It is seen that actually Elena interferes Christian and Anastasia's relationship because she cannot accept Christian being with Anastasia. She wants to control Christian and implicitly, she wants to destroy their relationship and make Christian comes back to her and only believes in her.

4.1.2. Settings

Meyer stated that setting is the context in which the action of a story occurs (2010:138). The elements of setting are time, place, and the social environment. Furthermore, this thesis shows three elements of setting of E. L. James' *Fifty Shades Darker*.

4.1.2.1. Setting of Time

As explained in the novel, E. L. James' *Fifty Shades Darker* tells the love story of Christian Grey and Anastasia Steele which is fictionally in 2011. The emails that Christian has sent to or received from Anastasia prove it. The date of the emails are written in June 2011. For example, one of Christian's email to Ana.

From: Christian Grey
Subject: One more request
Date: June 10 2011 00:15
To: Anastasia Steele

Dream of me.

x

(2011:44)

Besides, from most statements in *Fifty Shades Darker* novel, they support that setting of time in the novel is in nowadays. It can be seen from some things that are mentioned in the novel, such as BlackBerry as Christian and Anastasia's cellular phone also an iPad as Christian's present to Anastasia, which are considered as a luxurious things during that time.

4.1.2.2. Setting of Place

The setting of place of *Fifty Shades Darker* novel is in Seattle City, America. Seattle City is a part of Washington State, United States. It is on Puget Sound in the Pacific Northwest. Seattle City is a place where Christian and Anastasia live. They live in Escala, a very luxurious penthouse in Seattle. Beside Escala, there are also many places describing the beauty of Seattle City which are showed in the novel. For example, the Meydenbauer Bay which can be viewed from The Grey Mansion. Anastasia states that it has a breathtaking view when sunset time as she describes, "It's an absolutely breathtaking view, the twinkling lights of Seattle in the distance and the orange, dusky calm of the bay reflecting the opal sky...." (2011:139).

When Christian takes Anastasia for a romantic sail, Anastasia also describes an amazing view of Seattle that she really enjoys. She mentions several beautiful places in Seattle that she sees, such as the Olympic Mountains, Bainbridge Island, and Mount Rainier. She describes the beauty of Seattle as she states,

.... I have the most ridiculous grin on my face as we whip through the water, heading for the majesty of the Olympic Mountains and Bainbridge Island. Glancing back, I see Seattle shrinking behind us, Mount Rainier in the far distance. I had not really appreciated how beautiful and rugged Seattle's surrounding landscape is—verdant, lush, and temperate, tall evergreens and cliff faces jutting out here and there. It has a wild but serene beauty on this glorious sunny afternoon that takes my breath away. The stillness is stunning compared to our speed as we whip across the water. (2011:215)

4.1.2.3. Setting of Social Environment

E. L. James' *Fifty Shades Darker* novel shows the environment of upper class society in Seattle City, United States. The writer sees that Christian Grey and Anastasia Steele live around rich, high-class people—the Seattle's elite. It is described from the charity ball or the masquerade party which Christian and Anastasia attend, held by his parents. Christian says to Anastasia that there is auction, raffle, dinner, and dancing, in the party which her mother, Mrs. Grey, held. He also states that there are a lot of people flashing their cash (2011:132). People are wearing their best gowns and suits to attend the party, including Anastasia and Christian themselves. A charity event in a great masquerade party must be only attended by elite. As an evidence is Anastasia's statement, saying that she met two Hollywood actors, two CEOs, and several physicians (2011:135). There are also some photographers from Seattle Times to memorize the event. So, the party should be a large event for Seattle people.

4.1.3. Conflicts

It is impossible to create a plot of a story without conflict. According to Perrine, conflict is a clash of actions, desires, ideas, or goals in the plot of a story or drama (1988:1408). In addition, conflict is divided into internal conflict and external conflict. The writer will describe internal conflict and external conflict of E. L. James' *Fifty Shades Darker* in this thesis.

4.1.3.1. Internal Conflict

As shown in the previous chapter, internal conflict occurs between the character and his mind. E. L. James' *Fifty Shades Darker* obviously shows the internal conflict of both major characters, Christian Grey and Anastasia Steele, against themselves. The writer will explain them further in the analysis below.

4.1.3.1.1. Christian Grey and Himself

The writer thinks that the internal conflicts between Christian Grey and himself is about Christian's self-abhorrence. Christian always thinks the worst of any situation, like his fear of being left by Anastasia. He never stops saying that he really loves Anastasia not only because he really meant it, but he is also frightened that Anastasia will leave him again later.

When Anastasia almost gives up on their relationship because she thinks she cannot be what Christian needs, Christian's fear is darkened. He asks Anastasia not to go because he really loves her. He tells her that actually she is everything that he needs. He is really panicked to lose Anastasia again, until he drops his knees in front of her, begging her with a horror action that makes Anastasia becomes panicked, too. As she states, "... his eyes wide with panic, and suddenly he drops to his knees in front of me, head bowed, his hands spread out on his thighs. He takes a deep breath and doesn't move" (2011:321). Anastasia also describes that Christian regards her passively with his gaze, surrenders himself to Anastasia as if he is the submissive.

It is clearly seen that actually Christian's biggest conflict is losing Anastasia. If he loses her again, his life is nothing. He even admits to Anastasia that the world is like a hell without her (2011:36). It is also revealed when he is afraid that his ex-submissive, Leila, harms her in Anastasia's apartment. As he states to Anastasia, "She might have harmed you. And it would have been my fault" (2011:325).

4.1.3.1.2. Anastasia Steele and Herself

The conflict between Anastasia Steele and herself is about her mind that always thinks whether she is capable of being Christian's lover or not. Her mind is always being terrorized by the presence of two women from Christian's past, his ex-mistress Mrs. Robinson and his ex-submissive Leila. As we know that Christian has practiced BDSM relationship and considers that

as his needs, and Anastasia thinks that both Mrs. Robinson and Leila has fulfilled his needs in the past as his submissives. Then, there is also Mrs. Robinson's intervention who keeps saying that she really understands what Christian needs.

From that thought, Anastasia keeps thinking that she cannot fulfill Christian's needs like Mrs. Robinson or Leila. She doubts herself to be a good partner of Christian. It is described after Leila terrrors her in her apartment and Christian helps Leila. Anastasia's mind says, "Leila was able to fulfill his needs in a way I cannot. The thought is depressing" (2011:317). It shows that Anastasia is afraid if she cannot fulfill Christian's needs to do BDSM practice, Christian will miss it and he will leave her. She always thinks of that. When she tries to focus on what Christian says and does to her, she is still disturbed by that negative thought. Even, although Christian already repeats his statement that he will always love Anastasia without BDSM practice, Anastasia still doubts herself.

The presence of Leila who comes after Christian makes Anastasia's negative thought keep coming on her mind. She is too frightened that Leila means a lot to Christian so he misses her. As Christian's former submissive, Leila must have had a contract with him and obeyed it. It makes Anastasia is more frightened that Christian would prefer to choose Leila than her, as she also states on her mind, "... she must have had a contract, and she would have done what he wanted, given him what he needed gladly" (2011:82). It describes that she is really stressed out from the thought of Christian leaving her because she cannot fulfill his needs.

Anastasia's conflict with herself becomes more complicated after Christian proposes her. She does not know whether she can accept it or not, eventhough she knows that she really loves Christian. However, she does not know whether she is adequate or not to accept anything of Christian's life, to become a woman who Christian wants to, and to fulfill Christian's needs. Her

mind keeps striking her to confusion when she thinks about Christian's proposal to her. As she explains,

Can I really marry this man? He's so much to take in. He's complex and difficult, but deep down I know I don't want to leave him despite all of his issues. I could never leave him. I love him. It would be like cutting off my right arm. Can I give him up? Do I want to give him up? (2011:359)

Anastasia's fear never ends. She also keeps questioning herself to accept Christian's proposal. She thinks that probably she can give Christian all of her love, but she is afraid that it is not enough for Christian. She asks herself whether she can love him unconditionally or not and she can accept his proposal or not (2011:359-360). She really puts it on her mind so she can give Christian the best answer for Christian as well as for herself. Although, eventually she accepts Christian's proposal.

Actually, Anastasia is not confident with herself because she does not know how valuable she is for Christian. Anastasia keeps thinking that she knows so little about Christian's past relationship, so she overthinks too much. She always thinks that she is not worthy for Christian. However, because she really loves him and she knows that Christian also loves her so much, she can continue to maintain her love to Christian.

4.1.3.2. External Conflict

External conflict occurs between the character and other character or the environment in the story. Eventhough there are many conflicts between one character and other character in this novel, the writer only focuses on three external conflicts in this thesis. They are the conflicts between three characters, Christian Grey, Anastasia Steele, and Elena Lincoln toward one another.

4.1.3.2.1. Christian Grey and Anastasia Steele

The conflict between Christian Grey and Anastasia Steele is actually the combination of the internal conflicts of each of them and themselves. Mainly their conflict is about Anastasia, who doubts herself that she is not capable to fulfill Christian's needs for BDSM practice. She confesses to Christian that she does not want him to change to be anybody else and Christian denies her thought. Christian has repeated several times that Anastasia's thought is untrue. He states that Anastasia does not change him. As he says, "I'm still me, Anastasia—in my all fifty shades of fucked-upness. Yes, I have to fight the urge to be controlling... but that's my nature, how I've dealt with my life" (2011:227).

From Christian's statement above, it is implied that Christian does not mind to let go his nature that used to be the dominant one. Eventhough his relationship with Anastasia is new for him and different from his previous relationships with the submissives, Christian enjoys it, as long as he is with Anastasia. He has dealt in his life to decrease his dominant natures, such as to control and to punish. Christian does it only for Anastasia, eventhough Anastasia actually does not insist him to do that. Christian may miss controlling woman with BDSM practice as he says to Anastasia, however, he no longer wants or needs it anymore since Anastasia left him once after he punished her with BDSM practice. It is seen that Christian does that just because he is deeply in love with Anastasia.

However, Anastasia still doubts herself to be a good partner for Christian. After the terror of Leila who shows up in Anastasia's apartment, Anastasia thinks that she cannot be what Christian wants and almost give up. She asks him why he loves her because she does not think she is attractive as Christian thinks. She is still not confident with herself. This is seen when she says to Christian,

“You’re beautiful and sexy and successful and good and kind and caring—all those things—and I’m not. And I can’t do the things you like to do. I can’t give you what you need. How could you be happy with me? How can I possibly hold you?” My voice is a whisper as I express my darkest fears. “I have never understood what you see in me. And seeing you with her, it brought all that home.” (2011: 324)

From Anastasia’s statement above, it is revealed that she is not confident with herself to be Christian’s partner. Anastasia is afraid Christian will not be happy with her after comparing herself with Leila. Anastasia thinks that she has broken Christian and changes him. Meanwhile, as a reassurance to Anastasia, Christian is still on his mind, denying Anastasia’s worst thought. He is never tired to state how he really loves Anastasia. He asks Anastasia what he has to do to make her realize that he loves her. Instead of being disappointed like Anastasia has thought, Christian reveals that he is really happy to be with her. Even, Christian tells Anastasia that she is his lifeline (2011:326).

The writer thinks that Christian and Anastasia actually deeply falls in love with each other, but their own internal conflicts turn out to influence their relationship. It combines into a conflict between themselves, making their relationship become more complicated.

4.1.3.2.2. Christian Grey and Elena Lincoln

Christian’s decision to let go of his BDSM practice for Anastasia turns out to rise his conflict with Elena Lincoln, or also known as Mrs. Robinson, his ex-mistress when he was young. Elena is still trying to convince Christian that BDSM practice is his need. Though she says that she approves Christian’s relationship with Anastasia, Elena still interferes with their relationship. So, Christian tries to make Elena believe that Anastasia is his love and he states to her that he does not do any BDSM practice with Anastasia. He asks Elena to not interfere with his relationship with Anastasia. He also asks her to go away from interrupting his personal life and Anastasia’s personal life, too. Even though Elena keeps saying that Anastasia has to know about Christian’s past with

her, Christian is on Anastasia's side and tells Elena that Anastasia does not need to know anything about that. As he says from the dialog below,

“It's the truth, Elena. I don't have to play games with her. And I mean it, leave her alone.

“What is her problem?”

“You ... what we were. What we did. She doesn't understand.”

“Make her understand.”

“It's in the past, Elena, and why would I want to taint her with our fucked-up relationship? She's good and sweet and innocent, and by some miracle she loves me.” (2011:279)

From the dialog above, it is seen that Christian has a different mind with Elena. He really wants Elena to put some distance between her and Anastasia. He also tells Elena that everything is changed, what he did with her is only in the past. Meanwhile, Elena tells Christian that he needs to make Anastasia understand about their past. For Elena, it is important to Anastasia to know everything about Christian, so she can understand Christian better.

Christian also states to Elena that his relationship with her is only for business, no more than that. Christian used to always seek for Elena's help, as he says to Anastasia, because Elena is ‘an only friend’ he has. He always tells Elena about his previous relationships with the submissives. However, after he has a serious relationship with Anastasia, he does not want any intervention of his relationship, including from Elena. Even he emphasizes to her that Anastasia is his future. As Christian says to her, “Elena, we have a business relationship that has profited us both immensely. Let's keep it that way. What was between us is part of the past. Anastasia is my future, and I won't jeopardize it in any way,” (2011:280).

However, Elena keeps interfering Christian and Anastasia's relationship. She thinks Anastasia has changed Christian and she does not like that. She denies that Christian can let go his behaviour of BDSM practice because she thinks that is Christian's needs. She defends herself by saying that she knows Christian better than anyone, even Anastasia, too.

“You loved it, Christian, don’t try and kid yourself. You were on the road to self-destruction, and I saved you from that, saved you from a life behind bars. Believe me, baby, that’s where you would have ended up. I taught you everything you know, everything you need.” (2011:522)

From the dialog above, Elena states that she saved Christian from self-destruction and taught him everything he needs, so she thinks that Christian should thank to her. When she reminds Christian of this, Christian is against her, and he definitely defends Anastasia. Christian who already reminds Elena several times is finally angry with her. Christian realizes that everything that Elena had done to him was mistaken. He also realizes that Elena did that not because she loved him. Then, it is revealed that actually Elena does not love Christian. It is implied when she says to Christian that love was for fools (2011:522).

The writer thinks that intervention of Elena, is to destroy Christian’s relationship with Anastasia. Eventhough she mentions that she approves Christian and Anastasia’s relationship, actually she wants Christian believe in BDSM practice that she had taught to him. Elena wants Christian to obey her and to listen to all of her advices to him. She wants Christian to do that as a gratification for her who thinks has helped him when he was just a lost boy in his teenagers.

4.1.3.2.3. Anastasia Steele and Elena Lincoln

The conflict between Anastasia and Elena starts after Elena interferes Anastasia’s relationship with Christian, as if Christian is still in BDSM relationship like before. Anastasia thinks that Elena is too far for advising Christian about the relationship between them. Anastasia really dislikes Elena because actually Elena had molested Christian, instead of helping Christian and saving him from self-destruction when he was teenager. Anastasia thinks that Elena used him to be her sexual partner only for satisfying her, to accomplish her passion and sexual needs. For Anastasia, it was mistaken and it drowned Christian more in his terrifying childhood. What

Elena did to Christian does not make any sense to explain that Elena takes care of Christian because actually she has destructed him.

In the masquerade party, Elena talks to Anastasia that she likes to see Christian so happy with Anastasia. She congratulates Anastasia for her relationship with Christian and wishes them the best. Elena also advises Anastasia and warns her not to hurt Christian again or Elena will come after her. She says to Anastasia, “.... I wish you both the best of everything. But what I wanted to say is if you hurt him again, I will find you, lady, and it won’t be pleasant when I do” (2011:159). But, Anastasia casts Elena away and she tries to not listen to her. It is shown that Anastasia is annoyed with her. It can be seen from the dialog below,

“I’m laughing at your audacity, Mrs. Lincoln. Christian and I have nothing to do with you. And if I do leave him and you come looking for me, I’ll be waiting—don’t doubt it. And maybe I’ll give you a taste of your own medicine on behalf of the fifteen-year-old child you molested and probably fucked up even more than he already was.” (2011:160)

Based on Anastasia’s statement above, she really dislikes Elena and does not want to be close to her. Anastasia does not want her relationship with Christian being interrupted by a woman who had taken his partner’s teenager life to self-destruction. However, Elena still interrupts her and Christian.

Anastasia thinks that Elena is not helping her into her relationship with Christian, but actually she is making her relationship with Christian become worse. Her mind to not letting Elena interferes her relationship with Christian becomes the best decision she ever makes. When Christian announces his engagement with Anastasia, Elena comes again to them, implying her false acceptance of their relationship by addressing her anger to Anastasia.

“I would offer you my heartfelt congratulations, but I think that would be inappropriate.” Her piercing cold blue eyes stare frostily into mine, filled with loathing.
“I neither need nor want your congratulations, Elena. I’m surprised and disappointed to see you here.” (2011:520)

The dialog above implies that actually Elena does not like Anastasia being with Christian. She says to Christian that Anastasia is not right for her, as if she knows everything about Christian. She wants Christian to believe in her, not Anastasia. However, Christian just ignores Elena. Meanwhile, it is also shown that Anastasia calmly ignores Elena. Anastasia’s statement above describes that she is surprised also disappointed at the same time because of Elena’s presence which ruins her moment with Christian.

Because of Elena’s presence in the engagement day, eventually the secret between Christian and Elena in the past is revealed in public. It makes Elena being expelled from Christian’s house and embarrasses herself. However, the writer thinks that Anastasia takes the credit of it. Because, if there is no Anastasia in Christian’s life, he will spend his life to be controlled by Elena and it will lead him into mistakes.

4.2. Extrinsic Aspects

According to the theory which is stated in the previous chapter, Robert Sternberg draws that love contains intimacy, passion, and commitment. In this thesis, the writer will analyze both major characters of E. L. James’ *Fifty Shades Darker* novel, Christian Grey and Anastasia Steele, that have experienced intimacy, passion, and commitment in their love relationship.

4.2.1. Intimacy

The intimacy component refers to those feelings in a relationship that promote closeness, bondedness, and connectedness. From ten feelings that Sternberg indicated to show intimacy, the writer finds four that shows Christian and Anastasia’s intimacy in E. L. James’ *Fifty Shades*

Darker novel. Those are feelings of (a) experienced happiness with the loved one, (b) mutual understanding with the loved one, (c) intimate communication with the loved one, and (d) valuing the loved one in one's life.

4.2.1.1. Christian and Anastasia Experienced Happiness Together

Sternberg stated that intimacy promotes experienced happiness together. Merriam-Webster Dictionary website defined happiness as ‘a pleasurable or satisfying experience’. There are many pleasurable moments that Christian and Anastasia have been through together. However, the writer only describes two of them. They are the moment when Christian and Anastasia attend the masquerade party and when Christian and Anastasia are sailing together.

After they restart their love relationship, Christian takes Anastasia to a masquerade party held by his family. They have a dinner together with Christian’s family and many party guests. Christian’s family greet Anastasia warm enough and they are pleased to meet her. During the night, Christian and Anastasia really experience happiness together. He takes her to his childhood bedroom, and it is revealed that Anastasia is the only woman whom Christian ever takes to. Their intimate discussion lead them to make love in there.

Christian and Anastasia’s enjoyment to the party is shown after seeing the fireworks in the party. As Anastasia says in her mind when she sees Christian, “He looks happy. It’s a real pleasure to see him this way ...” (2011:168). Meanwhile, just after Anastasia thinking of Christian, Christian also states that he was really enjoyed the evening (2011:168). He also says thank you to Anastasia because of the moment they have. Anastasia also agrees with Christian and feels the same with him that she enjoys the party.

Christian and Anastasia experienced happiness is also described when they are sailing together. After Christian states his declaration of love to Anastasia, he takes her sailing with his

boat. When they are sailing, it is seen that they have closeness and connectedness to each other. They are talking about everything, such as Christian's mother, the boat, and others. They also show their love by having sex in the boat. They feel so happy about it. Anastasia states to Christian that it was a perfect afternoon for her and she says thank you to him. Christian also says the same thing with Anastasia and wants to take Anastasia to sailing school someday later (2011:224). From their statement, it is clearly seen that both of them experience happiness together.

From two moments above, which are attending the party and sailing, it shows Christian and Anastasia's intimacy. Their closeness, connectedness, and bondedness are seen when they are at those moments. They are so happy to experience the moments. As Christian says to Anastasia that the last few days he spent with her had been the best in his life (2011:228). It proves that they have experienced happiness together as partners.

4.2.1.2. Mutual Understanding between Christian and Anastasia

Sternberg stated that intimacy also includes mutual understanding with the loved one (1986:121). Christian is not used to be open about his past to anybody, even his former submissives. However, he feels different when he is with Anastasia. He feels connected to Anastasia. When Christian is being open to share his past, Anastasia is welcome to hear that. She listens to all of Christian's stories so she can know him as well as understand him deeply. She understands Christian well and also feels sorry about his past. Her connectedness with Christian makes her feel sad when she hears the story of his childhood. It is shown when she touches Christian and he feels his past trauma, as she describes,

It's too much. I am overwhelmed by his trust in me—overwhelmed by his fear, by the damage done to this beautiful, fallen, flawed man.

Tears pool in my eyes and spill down my face, lost in the water from the shower. *Oh, Christian! Who did this to you?*(2011:194)

As an addition from Prager's book, Wittgenstein in his family resemblance structure depicted that partners talking about personal things was a kind of those features that served as the most salient cues for signalling intimacy (1995:16). So, we can see that Christian talks to Anastasia about his personal things. Their connectedness and bondedness make them understand each other about Christian's situation in the past.

Christian and Anastasia's mutual understanding is also shown when Anastasia asks him whether he misses the BDSM practice he used to practice or not. When Christian admits that he misses it, Anastasia is not running and angry with him. She volunteers herself to Christian being tied up in one time instead, though Christian resists because he does not want to hurt Anastasia again. Anastasia understands that after several years practicing BDSM, it is not easy for Christian to make his compulsion gone forever in a short time. They are communicating about it and try to understand each other well.

Actually, Christian and Anastasia's mutual understanding is often seen in the novel. Sometimes, they have little conflicts and there are some quarrels during their relationship. However, they realize that they really love each other so they understand each other well. They are open to discuss their problem and they introspect themselves. After Christian argues with Anastasia, he sometimes asks her why they fight. Anastasia answers it because they were getting know to each other (2011:287). It is seen that they have a mutual understanding that makes their relationship lasts eventually.

4.2.1.3. Christian and Anastasia's Intimate Communication

As a further explanation of intimate communication, Prager stated that intimate communication, also called intimate interactions seem to center on the notion that intimate behavior consists of sharing that which is personal (1995:20-21). The conception also explained

that partners would not do so under impersonal circumstances to have intimate interactions. In addition, Prager stated that intimate interaction is one in which partners share personal, private material; feel positively about each other and themselves; and perceive a mutual understanding between them (1995:22). Oxford Dictionary defines personal as ‘connected with individual people, especially their feelings, characters, and relationships’ (2010:1131). Christian and Anastasia’s intimate communication which is shown in *Fifty Shades Darker* novel, also contains personal sharing about Christian and Anastasia themselves. They talk about personal things of themselves because they feel close, connected, and bonded to each other.

Christian and Anastasia’s intimate communication is seen when both of them are talking to each other intimately and there is no doubt to hide any secret among them. Christian, who never talks to anyone about his personal life, never doubts to tell Anastasia about it. He shares everything about him, about his childhood stories, and gives confession of himself completely to her. He treats Anastasia not only as his lover, but also his bestfriend. When the secret of his affair with Elena is revealed in public, Christian talks to Anastasia intimately later. The conversation between them is not only intimate, however Anastasia also gives him emotional support. She asks about how Christian feels and says sorry for losing Elena as his friend (2011:526-527). Anastasia also shares her personal life to Christian. She tells him about her parents, where she grows up, and her favorite books and movies. She finds out that Christian and her have many common interests.

Christian always discusses anything with Anastasia. Their discussion is mainly about their conflicts to be other’s love. When Christian reveals himself about his past, Anastasia tries to understand him. Sometimes she becomes insecure of herself though. She talks to Christian about her fear that she is not enough for Christian. She is afraid that she is forcing him to be someone

else. Meanwhile, Christian reveals that his days with Anastasia are the best in his life (2011:228). When Anastasia almost runs from her relationship, Christian talks to her and discusses it with her. He never ceases to say how much he loves Anastasia. Despite Anastasia is often being insecure with herself and thinking that she makes Christian broken, Christian states that Anastasia is his lifeline (2011:326). Every time she feels insecure and decides to talk to Christian, Anastasia always gets her reassurance about Christian's deepest love to her. It makes her believe in him and successfully maintain her love to him.

Even after Christian's proposal, their intimate communication are still discussing about Christian and Anastasia's fear. Christian is afraid that Anastasia will leave him. Meanwhile, Anastasia keeps thinking that she is inadequate to fulfill Christian's needs. When they are discussing this, both of them give each other reassurance. Christian reassures Anastasia that the woman he loves is only her. He states that none of his previous sexual partners appealed to him like Anastasia (2011:399). Anastasia also reassures Christian everytime that she is not going to leave him.

4.2.1.4. Christian and Anastasia Valuing Each Other

Both Christian and Anastasia realize that they love each other, they need each other, and they cannot live without each other. Their presence in other's life is so valuable. Christian and Anastasia's valuing each other in their life also indicates the intimacy of their love relationship, as Sternberg states that intimacy included feelings of valuing the loved one in one's life (2011:121).

The presence of Anastasia in Christian's life is so precious for Christian. It is often shown in the novel when Christian is valuing her and he never stops saying how much he loves her. Christian is always afraid of losing her because he cannot imagine to live without her. It is

described after both of them are terrorized by Leila. Christian does not state directly, however the value of Anastasia who is really meaningful for him is clearly seen in this situation. As it is described,

“Do you know what you mean to me?” he murmurs. “If something happened to you, because of me” His voice trails off, his brow creasing, and the pain that flashes across his face is almost palpable. He looks so vulnerable—his fear very much apparent. (2011:175)

From the explanation above, it is shown that Christian is terrified of losing Anastasia. She has a very large value in his life. Even just thinking of Anastasia gets hurt, Christian is really sad and afraid. It is explained how much Anastasia is valuable in his life.

For Christian, Anastasia is a woman who makes him look at the world differently, who gives him hope (2011:105). Anastasia’s presence that is so precious to Christian makes him believe in maintain his love to her. He devotes his love only for Anastasia. His proposal to Anastasia also indicates how much Anastasia means to Christian. He realizes that Anastasia is so precious to him, as he says to her (2011:346). He is serious about marrying her because he wants to spend the rest of his life with Anastasia, as he says when proposing Anastasia. Moreover, Christian also states to Anastasia, “You own me ... My fate is in your hands, Ana” (2011:440). The writer thinks that it is a statement that depicts how precious Anastasia is for Christian.

On the other hand, Anastasia also feels the same as Christian does. She really loves him. Christian is so important in her life. After she left him, it is seen that she is dying because of her deepest love for him. Then, when she gets her relationship back with him, it just makes her love Christian more. When Christian is being insecure with himself, Anastasia always encourages him by telling how much he means for everyone, especially for her. It is described when Christian says to Anastasia that he is just ‘a husk of man’ who does not have a heart. Anastasia encourages him by saying, “You’re a good man, Christian, a really good man. Don’t ever doubt that. Look at

what you've done ... what you've achieved. Look what you've done for me ... what you've turned your back on, for me" (2011:195). It is clearly explained from the last sentence of her statement that Christian has an important value for Anastasia.

When Christian is missing because of helicopter accident, Anastasia is extremely worried about him. She is really afraid of losing him. As her mind says, "Oh, I love him so. I will be nothing without him, nothing but a shadow—all the light eclipsed" (2011:454). It is shown that Christian is so precious to her. She feels the world will be empty without Christian, as it is implied when she says 'all the light eclipsed'. It is also seen from her other statement, saying that Christian is 'center of her universe' (2011:454). All of Anastasia's statements above prove that she really loves Christian and cannot live without him. He is really important for her.

When Christian arrives home safely after the accident, both Anastasia and him show their love to each other. They also show how much they mean for each other.

I hug him tightly. "I can't imagine my life without you, Christian. I love you so much it frightens me."
"Me, too," he breathes. "My life would be empty without you. I love you so much."
(2011:474)

From the statement above, it proves that Christian and Anastasia's presence is really precious to each other. The writer thinks that they do not only love each other, but they also mean for other's life. Both of them are scared of losing or other one is leaving. However, each worst thought is always being erased by other one. If one of them feels afraid of losing, other one will courage and say other's value for him. When they are valuing each other as explained above, it shows the intimacy of their relationship.

4.2.2. Passion

The passion component in E. L. James' *Fifty Shades Darker* novel shows physical attraction, romance, and sexual consummation, in Christian and Anastasia's love relationship.

4.2.2.1. Christian and Anastasia's Physical Attraction to Each Other

Christian's physical attraction to Anastasia is actually seen from each time he wants to possess Anastasia. Before he gives Anastasia a new proposition for their relationship, he states his attraction to Anastasia. Christian tells her that he has wanted her since she came into his office when she interviewed him. Moreover, Christian says that Anastasia is exquisite, honest, warm, strong, witty, and beguilingly innocent whom he is in awe of (2011:36).

Christian's physical attraction to Anastasia is also seen when he takes her to have sexual activity. He likes to do that with her because of his attraction to Anastasia. Anastasia describes Christian's attraction to her when she sees him while they are intimately having sex on the sailing boat,

Standing before him, I am naked and unashamed, and I know it's because he loves me. I no longer have to hide. He says nothing, just gazes at me. All I see is his desire, his adoration even, and something else, the depth of his need—the depth of his love for me. (2011:217)

The statement above is clearly described that Christian has a physical attraction to Anastasia. It is one of reasons why he really loves her. He adores Anastasia's body as well as desires it. Having sexual activity with Anastasia makes Christian loves her more. As he says to Anastasia, "You never fail, Ana. You are beautiful, bright, challenging, fun, sexy, and I thank Divine Providence every day ..." (2011:247). It implies how grateful Christian is to know Anastasia and to be always with her. When Anastasia argues with Christian, apparently it makes Christian's attraction to Anastasia increasing and wants to own her more. It is described when he states to

her seducingly that he is going to take it out on her body when argues with her as his revenge (2011:289).

Fifty Shades Darker novel also provides Anastasia's admiration to Christian. She clearly has physical attraction to him. The writer thinks that Anastasia never stops to describe the reasons how he loves Christian. She describes everything about Christian and her attraction to him. As an evidence of her physical attraction to him, Anastasia states that she loves Christian and calls him as her 'Fifty'. She loves him intoxicating scent, his strength, also his mercurial ways (2011:378).

Anastasia explains her attraction to Christian as she describes him as a 'someone who is plain crazy—beautiful, sexy as fuck, richer than Croesus, and crazy with a capital K' (2011:104). She also thinks that Christian is her romantic hero who is strong, solitary, mysterious (2011:197). It clearly describes her passion of loving Christian. Furthermore, Anastasia tells Christian everything that makes her attracted to him, as Christian asks her. She explains to him that she loves everything about him, also his fifty shades (2011:496). As she describes,

“This.” I stroke my index finger across his lips. “I love this, and what comes out of it, and what you do to me with it. And what’s in here.” I caress his temple. “You’re so smart and witty and knowledgeable, competent in so many things. But most of it, I love what’s in here.” I press my palm gently against his chest, feeling his steady beating heart. (2011:496)

From Anastasia's statement above, it clearly describes her attraction to Christian. It implies that she loves Christian's kisses to her, as she points out her attraction to his lips. The writer thinks that Anastasia likes that because those kisses clearly state Christian's love to her. When Anastasia states that Christian is competent in so many things, it implies that everything that Christian has done is successfully makes her attracted, including to love her. It is clearly described as she addresses her finger to Christian's heart later.

Adoring Christian physically also makes Anastasia really enjoy to have sexual activity with him. She does that because she is really attracted to Christian's body, too. It is shown when she is murmuring that Christian tastes good while she is having sexual activity with him (2011:68). Her attraction to Christian makes her become addictive to make love with him, as she often begs to Christian. It clearly explains Anastasia has physical attraction to Christian. Her physical attraction to Christian also shows her passion of loving Christian.

4.2.2.2. Christian and Anastasia's Romance and Sexual Activity

As explained in the previous chapter, sexual needs may well predominate in the passion component of love relationship, even though several other needs may also contribute to the experiencing of passion (1986:122). In the context of showing Christian and Anastasia's passion of loving each other, E. L. James' *Fifty Shades Darker* novel clearly describes their sexual activity in details. There are so many evidences to show Christian and Anastasia's sexual activity from this novel. However, the writer only explains several important evidences.

Sternberg indicated that passion may be aroused by intimacy (1986:122). Apparently, it is also reflected in Anastasia and Christian's relationship. Most of their intimacy leads them to a romance, then it leads them to sexual consummate. Their romance is shown when Christian claims that Anastasia is his (2011:79). Anastasia agrees with him. It leads them to have sexual consummate, as Anastasia describes later, "... This is what he does to me—takes my body and possesses it wholly so that I think of nothing but him. His magic is powerful, intoxicating. ...” (2011:79)

As another evidence, after being terrorized by Leila, Christian and Anastasia have an intimate communication. They discuss many things intimately. It creates romance between them. Christian gives Anastasia a complement. He says that she never ceases to amaze him and he is in

awe of her. Anastasia also states her feelings to Christian, saying that he is a very good reason to stay (2011:184). Christian teases Anastasia after a romantic long discussion, asking what Anastasia is going to do with him at the moment (2011:185). Then, they feel their passion among them and it leads them to have sexual activity. Clearly, it describes their sexual activity is also aroused by intimacy.

Christian and Anastasia's sexual activity explains that both of them need each other. After Christian has a nightmare because Anastasia left him for get a drink in a moment, Christian wants to make love with her. Christian wants that because he needs Anastasia. It also makes Christian's fear becomes disappeared. As Anastasia describes,

He buries his head in my neck, kissing and sucking and biting me, before trailing his nose up my chin and kissing me, his tongue possessing my mouth, his hands moving over my body once more. His lips move down ... down ... down to my breasts, worshipping as they go, and my hands stay on his shoulders and his back, enjoying the flex and ripple of his finely honed muscles, his skin still damp from his nightmare. (2011:343)

From the statement above, the writer thinks that Christian and Anastasia' sexual activity also as succorance. Christian really needs Anastasia and does not want her left him again. When he has a nightmare and his worst thought comes again, he needs Anastasia as a reassurance that she is not leaving him again. He needs Anastasia's affection. Meanwhile, Anastasia needs Christian because she only loves him. She really cares of Christian. So, their sexual activity also represents Christian's needs for succorance.

4.2.3. Decision/Commitment

The decision/commitment component of love consists of two aspects, a short-term one and a long-term one. The short-term one is the decision that one loves a certain other. The long-term aspect is the commitment to maintain that love.

4.2.3.1. The Decision of Christian and Anastasia (The Short-Term Aspect)

After Anastasia leaves him as his submissive, Christian realizes that he has an emotional feeling for Anastasia. He feels the world is empty without her presence. He realizes that it is a feeling that he has never been experienced before. By asking her to go to Jose's show, he tries to understand Anastasia better so he can get to know her better. He asks Anastasia the reason why she left him. Anastasia confesses that it was because she could not handle Christian's joy in inflicting pain on her when Christian practiced the BDSM practice to Anastasia (2011:35).

On the other hand, it is shown that actually Anastasia has a feeling with Christian, too. She really loves Christian. However, she cannot understand why Christian enjoys causing pain on her, especially punishing her when she does some mistakes. She is confused with Christian's behaviours as the dominant. She could not understand the real definition to be the submissive for him.

Christian decides to give a new proposition to Anastasia. He is discussing with Anastasia about the kind of relationship that she wants. When Anastasia says to him that she does not want any rules like the previous relationship—BDSM relationship, Christian agrees with her and he is willing to let go the BDSM practice. Although it will be hard for Christian, because he has to let go his urge to be the dominant. He offers Anastasia to have a normal relationship like lovers, as he says it as a vanilla relationship. He does that because he realizes that he needs Anastasia in his life. He really desperates to live without Anastasia. It is shown as he says, "I need you more, Anastasia. These last few days have been hell. ..." (2011:36).

After listening to Christian's new proposition, Anastasia confesses to Christian that actually she cannot lose Christian. She admits that she really loves him. After she left him, she realizes that the physical pain that Christian had inflicted to her was not as bad as losing him.

Because of that, she accepts Christian's proposition and starts a new relationship with Christian.

It is described from the dialog below,

"I love you, Christian Grey. And you're prepared to do all this for me. I'm the one who is undeserving, and I'm just sorry that I can't do all those things for you. Maybe with time ... I don't know ... but yes, I accept your proposition. Where do I sign?" (2011:37)

Eventhough Christian does not directly state that he loves Anastasia, his new proposition to start again for a relationship with Anastasia describes that he has a feelings for her. From his confession to Anastasia, it is actually seen that he is in love with Anastasia and cannot live without her. It is explained later that Christian confesses to Anastasia that he loves her (2011:196). Meanwhile, it is mentioned that Anastasia also loves Christian as well. She accepts Christian's proposition to have another kind of relationship, as his lover, not a submissive. The writer thinks that at this time, Christian and Anastasia realize that they love each other. It is the short term aspect of their decision/commitment when they decide to love each other.

4.2.3.2. The Commitment of Christian and Anastasia (The Long-Term Aspect)

When Christian and Anastasia go through their relationship, both of them experience happiness in their life, though they are often conflicted with the thought that somebody will leave other. However, Christian realizes that he really loves Anastasia. He does not play any games with her and has a commitment to keep being with her. He is really terrified if Anastasia will leave him. So, he finally decides to propose her.

"What can I do to make you understand I will not run? What can I say?"

He gazes at me, revealing his fear and anguish again. He swallows. "There is one thing you can do."

"What?" I snap.

"Marry me," he whispers. (2011:332)

When she hears that, Anastasia is shocked. She never imagines that Christian will propose her just several days after they start this new relationship. She says to Christian that she needs

time to consider his proposal. She thinks that Christian is doing that just because he is scared and does not trust her. Meanwhile, Christian says to Anastasia that he is proposing her because he realizes that he has finally met someone he wants to spend the rest of his life with (2011:333-334). Christian's proposal to Anastasia clearly proves that he has a commitment to maintain his love by marrying Anastasia.

Christian's commitment to Anastasia is also shown when he is buying a house near the sea. He has a dream to live there with his future family later. Even he does that before Anastasia answers his proposal. He takes Anastasia to see the house. He asks Anastasia's opinion about the house and also asks her whether if she wants to live there or not. Christian states to Anastasia that he wants to buy the house for their future. As he says,

“I've always wanted to live on the coast. I sail up and down the Sound coveting these houses. This place hasn't been on the market long. I want to buy it, demolish it, and build a new house—for us,” he whispers, and his eyes glow, translucent with his hopes and dreams. (2011:425)

After thinking hard and considering Christian's proposal, Anastasia realizes that she also wants to maintain her love to Christian. She really loves him. On Christian's birthday, Anastasia gives him a simple present that actually answers his proposal. She gives him a key chain with the word 'yes' that flashes on and off on the key ring. When Christian looks at that, he is so happy and asks Anastasia again that she wants to marry him. Anastasia nods and says, “Yes, I'll marry you” (2011:467). It shows that Anastasia also has a commitment with her relationship with Christian. She is ready to maintain her love with Christian in a marriage.

On the engagement day, Christian surprises Anastasia with another romantic proposal dinner in the Grey Mansion to reassure her that he is serious about marrying her. He gives her flowers and a ring. Christian proposes Anastasia again, and Anastasia's joy cannot be hidden. It is described from the dialog below,

From his inside jacket pocket he produces a ring and gazes up at me, his eyes bright gray and raw, full of emotion.

“Anastasia Steele. I love you. I want to love, cherish, and protect you for the rest of my life. Be mine. Always. Share my life with me. Marry me.”

I blink down at him as my tears fall. My Fifty, my man. I love him so, and all I can say as the tidal wave of emotion hits me is, “Yes.” (2011:530)

It is clearly shown that both Christian and Anastasia have made a commitment to maintain their love. They are ready to get married. As Sternberg stated in the theory, “... decision will precede commitment both temporally and logically. Indeed, the institution of marriage represents a legalization of the commitment to a decision to love another one’s life” (1986:123). Christian and Anastasia’s love to each other makes them decide to have restart their love relationship, and finally committed to maintain their love into a marriage.

CHAPTER V

CONCLUSION

Love is a strong feeling of deep affection for somebody. It needs a promise to love each other forever. Love has three components, which are intimacy, passion, and commitment. These components help people to measure love between each other in a relationship. The writer found that all of the components are experienced by the main characters of E. L. James' *Fifty Shades Darker* novel, Christian Grey and Anastasia Steele, in their love relationship.

Intimacy in Christian and Anastasia's relationship is depicted from the evidences that show four feelings of intimacy. They are the feelings of experienced happiness with each other, mutual understanding with each other, intimate communication with each other, and valuing each other in one's life. The passion in their relationship itself is depicted from the evidences that show physical attraction of Christian and Anastasia to each other also their romance and sexual activities. Meanwhile, Christian and Anastasia's decision to love each other and restart their relationship proves the short-term aspect of commitment component. Then, the long-term aspect of commitment component in their relationship is shown when they decide to maintain their love into marriage.

Hence, it can be concluded that E. L. James' *Fifty Shades Darker* novel successfully proves the existence of intimacy, passion, and commitment as three components of triangular theory of love. *Fifty Shades Darker* novel depicts all three components of love, which are intimacy, passion, and commitment, of Christian Grey and Anastasia Steele to each other.

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