



## ABSTRACTS AND PROCEEDINGS

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Title : Experiences of Sexual Workers Use Condom to Prevent Transmitted Sexual Disease

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#### ABSTRACT

Sexual workers are the group of people who have a high risk to get transmitted sexual disease because of their job. Eventough there are many ways for sexual workers to prevent it, for instance using condom, and they know that, they still face difficulties to make it.

This research was conducted to know the sexual workers' experiences during using condom to prevent transmitted sexual disease. Researcher want to know deeply about the description of obey to use condom, difficulties were faced by sexual workers, solutions to solve the obstacles and the feeling of sexual workers when they failed to use condom.

The study design was a qualitative research with phenomenological approach. This research was done to three participants using in-depth interview technique.

The result shows that most of sexual workers knew the reasons why they have to use condom. In addition, they found obstacles during using condom, especially when the consumer refused to use it. To overcome this problems, sexual workers had two ways, first they objected to service the client or kept continue to give service. It is hard for them since they need money for their life, and on the other hand, they got high risk to suffer transmitted sexual disease.

Nurses' roles are very important to help sexual workers solve their problem, for example: give health education not only for sexual workers but also for the consumers. Health education can be given directly or indirectly depending on the time and audience.

**Keywords:**

# Experiences of Sexual Workers Use Men's Condom to Prevent Transmitted Sexual Disease (TSD)

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Sexual workers are the group of people who have a high risk to get transmitted sexual disease because of their job. Even though there are many ways for sexual workers to prevent it, for instance using condom, and they know that, they still face difficulties to make it.

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**Key Words: experiences, sexual workers, condom**

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## RATIONALE

Prostitution is told as old as human age. It means that prostitution is not a new thing but it was exist from the time human exist. Sexual workers cannot be separated from prostitution in which they live. Economical reason is the main thing why they have been involved in that place and be sexual workers as their profession. Even though they got a lot of money from their job, they also face the risk of their profession such as: sexual transmitted disease and social judgment<sup>1</sup>.

It can be proven that sexual workers are the host of sexual transmitted disease; it mean that they can be contaminated and contaminate to others as well. Even though there are many ways have be done by government and the sexual workers, the number of sexual transmitted disease still high and it will be very dangerous for sexual workers them self. One of ways to do that is to encourage sexual workers using men's condom. Unfortunately, it did not work, only one percent of sexual workers in Semarang use men's condom during coitus<sup>2</sup>.

The Government tries to help sexual workers by giving services a reproductive health clinic in every prostitution<sup>2</sup>. It will help sexual workers to screen and to treat for TSD or even

HIV AIDS. In addition, this clinic gives health education for sexual workers how to prevent TSD and HIV/AIDS.

Number of TSD in Semarang is quite high; there is 550 case TSD in 2007, and 436 cases (79,27%) were treated. During 1990-1994, there are 17,56% clients with gonorrhea, and there are 32,34% clients with urethritis nongonorrhea from all clients with TSD<sup>2</sup>. Even though most of cases were treated, the number of TSD is still increased since the life styles are changing to free sex both in couple and sexual workers.

Nurses are very needed in this program to help government reduce the TSD number because they are the first care giver in public health services. Nurses help sufferers to screen the TSD especially in prostitution, help them to prevent, one of the ways is using men's condom in sexual workers and to treat the symptoms of TSD. As we know that roles of nurses are very important so it is necessary to conduct the research about sexual workers' experience using men's condom to prevent TSD.

The aims of this research are to identify how the sexual workers obey to use men's condom, to identify the problems that are faced by sexual workers during use men's condom, to identify how the problem solving, to identify the sexual workers' feeling if they cannot use men's condom during coitus.

## METHOD

Method in this research is qualitative. This method is used, because researcher needs to identify the relationship between phenomenon and sexual worker as individual. Theory said that data from qualitative research are descriptive data both in writing and oral<sup>3,4</sup>. Those data come from respondents as an holistic individual so researcher get data deeply about sexual workers' experiences using men's condom to prevent sexual transmitted disease<sup>5</sup>.

Population in this research is all sexual workers in Semarang, and to find the respondents, this research use purposive sample method in two prostitutions. There are 3 respondents in this research. Qualitative research does not have big number of respondents like quantitative one because qualitative research is focused in data. Collecting data process will be stopped if the answer between one and other respondents are same. Respondents in this research also fulfill the criteria. There are two criteria; first is an inclusion criterion and the second is exclusion criteria.

In qualitative research, researcher has a big role, from choosing the topic, collecting data, analyzing, interpreting and summarizing the data. The theory said that during collecting data process, researcher need instruments to help him, such as interview guidance, observation guidance, and recorder<sup>5</sup>. This research use interview method to collect the data. There are several steps which must be done by researcher during collecting the data. First of all is preparation. During preparation, researcher makes an approach with respondents. It is important because trust is the main thing to make interview successful. The second step is interview. During this step, researcher uses interview guidance, observation guidance, and

recorder to get the data. Closing is the last step. In this step, researcher say thank you for respondents and close the interview process<sup>5</sup>.

After data were collected, it will be analyzed by researcher. There are several steps to analyze the data. First is comprehending, second is synthesizing, third is theorizing and last step is re contextualizing<sup>4</sup>

## RESULT

Research was held in Gambilangu prostitution. It is used 3 respondents and all of them are sexual workers. According to interview, researcher gets 5 (five) categories and each category have key words. Table 1 will show clearly for each category.

Table 1 Categories and Key word

NO	KATEGORISASI	KATA KUNCI
1	Main reason why sexual workers use men's condom	<ul style="list-style-type: none"> <li>a To avoid the disease</li> <li>b Afraid to suffer TSD or HIV/AIDS</li> <li>c To avoid TSD</li> </ul>
2	Obeying sexual workers to use men's condom	<ul style="list-style-type: none"> <li>a Always use</li> <li>b Sometime use</li> <li>c Not depend on costumers</li> <li>d Use if there are stock</li> </ul>
	Problems are faced during use men's condom	<ul style="list-style-type: none"> <li>a Costumers sometime do not want to use</li> <li>b Costumers always do not want to use</li> <li>c The condom is not fit</li> <li>d No stock</li> </ul>
4	Solution to solve the problems which are faced during use men's condom	<ul style="list-style-type: none"> <li>a No service the costumers</li> <li>b Consume medicine, medical checkup regularly</li> <li>c Keep service without condom</li> </ul>
5	Sexual workers' feeling when do not successful use condom	<ul style="list-style-type: none"> <li>a Worry</li> <li>b Disappoint</li> <li>c Fear</li> </ul>

From table 1, it can be seen that there are several categories. Firstly is the understanding of using men's condom. Most participants said that condom is very important to avoid TSD which is can be spread by coitus. It is related to the theory that condom is one of contraception tolls which have function to avoid contact between sperm and ovum. It also has function to prevent the transmission of TSD from sperm to reproductive tract<sup>6</sup>. Even though they knew that condom is important, several sexual workers do not obey this rule

when they face to the economical need. Since they need the money for life, they still give service to the costumers without condom.

Beside the economical need, problem faced by sexual workers is costumers' satisfaction. Most costumers do not want to use condom with satisfaction reason. In order to do that, sexual workers ignore the importance of using condom during coitus.

Behavior to use condom is one of overt behavior. It is mean that this behavior is response of stimulus which knowledge is the main domain to produce this behavior<sup>7</sup>; understanding of sexual workers about the importance of using condom during coitus will help them to keep using it to avoid TSD.

For next step, when sexual workers face the problem related to use condom, they will find the way to solve this. There are several ways, for instance: keep consistence to use condom and reject to service costumers or keep service the costumers without condom but then they will consume medicine or come to health services to check their condition. As it is stated by Notoatmodjo that consistency is important for behaviour of health.<sup>7</sup>

All of that conditions result in psychological effect for sexual workers. Some of them disappoint since the chance of get TSD is opened when they do not use condom, which is others fell worry and afraid if they will get TSD, and this feel will give effect for the quality of services<sup>9</sup>.

## SUMMARY

1. The main reason why sexual workers use condom is to prevent TSD.
2. Not all of sexual workers use condom in every service.
3. Economical need is one of big problem for sexual workers to use condom.
4. In order to overcome this problem, several sexual workers are consistence to use condom and reject to service the costumers or keep give services without condom.
5. Sexual workers feel disappointed, worry, and angry if they are not successfully use condom during services.

## SUGGESTIONS

1. It is better for sexual workers to obey the rules to use condom during coitus since condom can prevent them from TSD
2. Nurses can help them by give health education for both sexual workers and costumers by using leaflet, pamphlet, and education video in prostitution so customers can read or watch it without fell shame with nurses.

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