

## **ABSTRAK**

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**Evaluasi Program Kelas Ibu Hamil di Puskesmas Wilayah Kabupaten Batang Tahun 2012**  
**xvi + 139 halaman + 7 tabel + 4 gambar + 39 lampiran**

Program Kelas Ibu hamil merupakan salah satu upaya untuk menurunkan AKI. Pada tahun 2009 - 2011 AKI di Kabupaten Batang semakin meningkat. Kelas ibu hamil telah dilaksanakan sejak tahun 2010 namun belum pernah dilakukan evaluasi keberhasilan program. Penelitian ini bertujuan untuk mengevaluasi program kelas ibu di Puskesmas Wilayah Kabupaten Batang tahun 2012.

Penelitian ini dilakukan secara kualitatif dengan teknik wawancara mendalam, *Focus Group Discussion* (FGD) dan observasi yaitu informan utama 6 bidan pelaksana KIH puskesmas wilayah pegunungan dan pesisir, informan triangulasi 6 kepala puskesmas, kepala seksi KIA dan FGD dilakukan pada 12 ibu peserta KIH.

Hasil penelitian menunjukkan pengetahuan ibu hamil tentang tanda bahaya kehamilan, perubahan tubuh dan keluhan selama kehamilan, perawatan kehamilan, persalinan, perawatan nifas, KB pasca persalinan, perawatan bayi baru lahir, mitos/kepercayaan/adat istiadat setempat, penyakit menular dan akte kelahiran meningkat setelah pelaksanaan KIH. Keterampilan bidan dalam pelaksanaan KIH sebagian besar sudah sesuai dengan petunjuk pelaksanaan. Jumlah KIH yang diselenggarakan masih kurang sehingga belum semua ibu hamil mengikuti KIH. Belum semua sarana prasarana tersedia dipuskesmas seperti boneka dan pakaian untuk metode kanguru serta partisipasi suami masih kurang pada pelaksanaan KIH.

Disarankan untuk dinas kesehatan menyediakan sarana prasarana lebih lengkap, bidan bekerjasama dengan perangkat desa untuk memotivasi suami/keluarga lebih aktif mengikuti KIH, untuk puskesmas agar dapat menganggarkan kegiatan kelas ibu hamil dari Biaya Operasional Kesehatan (BOK).

Kata kunci : Evaluasi kelas ibu hamil, Program kelas ibu hamil, Kelas ibu hamil di Puskesmas

Daftar Pustaka : 42 (1996 - 2012)

**ABSTRACT****Hilda Praja Yanti****Evaluation on Maternity Class for Pregnant Women at Primary Healthcare Centers in Batang District, 2012****xvi + 139 pages + 7 tables + 4 figures + 39 enclosures**

Pregnancy class program was one of efforts to decrease AKI. In 2009-2011, AKI in Batang district increased. Pregnancy class have been implemented since 2010, however evaluation for the success of this program has not been conducted. Objective of this study was to evaluate pregnancy class program in the primary healthcare centers of Batang district, 2012.

This was a qualitative study using in-depth interview, focus group discussion (FGD), and observation technique. Main informants were six KIH executor midwives in the primary healthcare centers in the mountain area and in the coastal area. Triangulation informants were six heads of primary healthcare centers, a head of KIA section. FGD was conducted to 12 mothers who were KIH participants.

Results of the study showed that knowledge of pregnant women about signs of high risk pregnancy, body change, complaints during pregnancy, pregnancy care, labour, post-partum care, family planning post-partum, neonatal care management, local beliefs, infectious diseases, and birth certificate increased after KIH implementation. Midwives' skill in the implementation of KIH was mostly suitable with the guideline. The number of KIH implemented was still insufficient; therefore, not all pregnant women received KIH. Not all facilities were available, such as mannequin and clothes for kangaroo method. Husband participation in the implementation of KIH was inadequate.

Suggestions given to district health office are to provide more complete facilities; midwives have to make collaboration with village administrative staffs to motivate husband or family to be more active attending in KIH. Suggestion for primary healthcare center is to allocate budget for the pregnancy class activities from health operational fund (BOK).

Key words : evaluation pregnancy class, pregnancy class program,  
pregnancy class in primary healthcare center

Bibliography : 42 (1996 – 2012)