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Efek farmakologis dan hasil pemakaian

1. Kromatografi gas menunjukkan minyak asiri dan salam mengandung 28 gas komponen, salah satunya eugenol. Dengan kromatografi lapis tipis disimpulkan bahwa minyak asiri daun salam terdiri dari seskuiterpen lakton yang mengandung fenol. Konsentrasi terkecil minyak asiri yang mampu menghambat pertumbuhan E.Coli adalah 40%, sedangkan terhadap S.aureus sekitar 5% (Retno Sadewi,FF UGM, 1992)

2. Uji mikrobiologi dengan menggunakan metode cakram menunjukkan bahwa ekstrak etanol daun salam dapat, menghambat pertumbuhan bakteri E.coli, Vibrio cholera, Salmonella sp. tetapi Enterobacter sp. bersifat resisten. (Beni Wraman, JF FMIPA UNAND)

3. Ekstrak air daun salam memiliki efek hipoglikemik (menurunkan kadar gula darah). Pada tikus penderita diabetes mellitus yang tidak tergantung pada insulin (DMTTI), sedangkan pada tikus penderita diabetes mellitus yang tergantung pada insulin tidak nampak efek hipoglikemik.

92. Yuliyanto membuktikan bahwa minyak atsiri cengkeh mempunyai aktifitas antibakteri terhadap Salmonella typhi lebih tinggi dibandingan dengan minyak atsiri yang terdapat dalam daun salam 75

Penelitian yang dilakukan oleh Ajizah membuktikan pertumbuhan Salmonella typhimurium secara in vitro dapat dihambat dengan ekstrak daun salam dan ekstrak daun jambu sampai pada konsentrasi 200 mg/ml. 72

Masrian poeloengan membuktikan bahwa zat kimia ( minyak atsiri, alkoloid, tanin, saponin ) yang terdapat dalam daun salam mempunyai daya antibakteri terhadap bakteri Salmonella typhimurium, kenaikan produksi nitric oxide dan indeks fagositosis makrofag pada kelompok perlakuan menunjukkan bahwa aktifitas pembunuhan terhadap bakteri juga meningkat.74