

40. Dawson B, Trapp RG. Basic and clinical biostatistics 3rd ed. New York: McGraw Hill, 2001
41. Santoso S. SPSS Versi 10. Jakarta: PT.Gramedia: 2000
42. Mosure J. Vitamin E. Available from : URL: <http://www.ohiostate.edu>

Lampiran 3



DAFTAR PERTANYAAN DATA DASAR PENELITIAN

**“Pengaruh penambahan vitamin E pada terapi standar
stroke non hemoragik terhadap perbaikan status neurologis
berdasarkan skala Orgogozo”**

| No | PERTANYAAN | JAWABAN |
|----------------------------|--|--|
| 1 2 3 4 5 6 | IDENTITAS No Penelitian Tanggal pemeriksaan Nama Alamat No. CM Tanggal masuk RS / jam masuk | |
| 6 7 | Jenis Kelamin 1. Laki-laki 2. Perempuan Umur (tahun) | <input type="checkbox"/> |
| 8 | Status perkawinan 1. Kawin 2. Janda 3. Duda 4. Tidak kawin | <input type="checkbox"/> |
| 9 | Pendidikan 1. SD 2. SLTP 3. SLTA 4. Universitas 5. Tidak sekolah | <input type="checkbox"/> |

| | | | |
|----|--|--|---|
| 10 | Pekerjaan | 1. Pegawai negeri/TNI 2. Wiraswasta 3. Pedagang 4. Buruh / tani 5. Lain-lain 6. Tidak bekerja | <input type="checkbox"/> |
| 10 | ANAMNESIS | | |
| | Keluhan utama: | | |
| | Awitan : | | |
| 11 | Tanggal serangan : | | |
| 12 | Jam serangan | | |
| 14 | Kedinian datang ke RS | 1. < 24 jam 2. > 24 jam - < 72 jam 3. > 72 jam | <input type="checkbox"/> |
| 15 | Riwayat stroke sebelumnya | 1. Ya 2. Tidak | <input type="checkbox"/> |
| 16 | Riwayat penyakit dahulu (faktor resiko) | 1. Hipertensi 2. DM 3. Jantung 4. Perokok | <input type="checkbox"/> |
| 17 | PEMERIKSAAN FISIK Glasgow Coma Scale | | <input type="checkbox"/> <input type="checkbox"/> |
| 18 | Tekanan darah (MmHg) | | |
| 19 | Nadi (x/menit) | | |

| | | |
|----|---|--|
| 20 | Suhu ($^{\circ}\text{C}$) | |
| 21 | Pernafasan (x/menit) | |
| 22 | Jantung 1. Normal 2. Tidak normal (.....) Pemeriksaan EKG 1. Normal 2. Tidak normal | <input type="checkbox"/> <input type="checkbox"/> |
| 23 | Hepar 1. Normal 2. Tidak normal (.....) | <input type="checkbox"/> |
| 24 | Ginjal 1. Normal 2. Tidak normal (.....) | <input type="checkbox"/> |
| 25 | PEMERIKSAAN NEUROLOGIS Pemeriksaan motorik berdasarkan skala Orgogozo 1. Skor hari 1 perawatan 2. Skor hari 7 perawatan 3. Skor hari 14 perawatan | <input type="checkbox"/> |
| 26 | Mata (Funduskopi) 1. Retinopati DM 2. Retinopati hipertensi 3. Papil edem 4. Lain-lain | <input type="checkbox"/> |
| 27 | PEMERIKSAAN CT SCAN KEPALA Tanggal pemeriksaan Waktu antara awitan – pemeriksaan (Jam): Lokasi kelainan | |

| | | |
|--|--|---|
| | Kategori lokasi 1. Kortikal 2. Subkortikal 3. Campuran Volume lesi (Cm ³) |  |
| | <p>PEMERIKSAAN LABORATORIUM</p> 28 Kadar Hb (gr %) 29 Jumlah leukosit (x 100 per mm ³) 30 Jumlah trombosit (x 1000 per mm ³) 31 Nilai hematokrit (%) 32 Kadar gula darah 1. Sewaktu 2. Puasa 3. 2 jam PP 33 Kadar lipid darah 1. Kolesterol (mg %) 2. Trigliserida. (mg %) 3. LDL (mg %) 34 Kadar SGPT 35 Kadar SGOT | |
| | 36 EFEK SAMPING α TOKOFEROL (Bila diberikan) 1. Tidak ada 2. Ada (.....) |  |
| | 37 Pulang sebelum hari ke 14 Alasan pulang : | |

Lampiran 4

SKALA ORGOGOZO ⁴¹

| No | ITEM PEMERIKSAAN | KATEGORI | SKOR |
|----|-------------------------|-----------------------------|------|
| 1 | Derajat kesadaran | Sadar | 15 |
| | | Drowsiness | 10 |
| | | Stupor | 5 |
| | | Koma | 0 |
| 2 | Komunikasi verbal | Normal | 10 |
| | | Sukar | 5 |
| | | Tidak dapat sama sekali | 0 |
| 3 | Deviasi mata dan kepala | Tidak ada | 10 |
| | | Gaze failure | 5 |
| | | Deviasi permanen | 0 |
| 4 | Pergerakan wajah | Normal | 5 |
| | | Paralisis atau paresis | 0 |
| 5 | Mengangkat lengan | Normal | 15 |
| | | Tidak sempurna | 5 |
| | | Tidak dapat sama sekali | 0 |
| 6 | Pergerakan tangan | Normal | 15 |
| | | Skilled | 10 |
| | | Useful | 5 |
| | | Tidak dapat sama sekali | 0 |
| 7 | Tonus lengan | Normal | 5 |
| | | Spastik atau flaksid | 0 |
| 8 | Mengangkat tungkai | Normal | 15 |
| | | Dapat melawan tahanan | 10 |
| | | Tidak dapat melawan tahanan | 5 |
| | | Tidak dapat sama sekali | 0 |
| 9 | Dorsofleksi kaki | Memungkinkan bertahan | 10 |
| | | Dapat melawan gravitasi | 5 |
| | | Foot drop | 0 |
| 10 | Tonus tungkai bawah | Normal | 5 |
| | | Spastik atau flaksid | 0 |

Lampiran 5

Survei Diet

A. Identitas Responden

1. Nomor responden:
2. Nama responden
3. Tgl wawancara

B. Tabel frekwensi pangan responden

| Nama makanan | URT | Berat (Gr) | Frekwensi dan berat | | | | | | Rata-rata/hari |
|-----------------------------------|-------------|---------------|---------------------|----|------|----|-------|----|------------------------|
| | | | x/hr | gr | x/mg | gr | x/bln | gr | |
| I. Sumber Karbohidrat | | | | | | | | | |
| 1. Nasi beras giling | 3/4 gls | 100 | | | | | | | |
| 2. Roti tawar putih | 4 lbr kecil | 80 | | | | | | | |
| 3. Biskuit | 4 lbr besar | 40 | | | | | | | |
| 4. Singkong | 1,5 ptg sdg | 150 | | | | | | | |
| 5. Talas | 1/2 bj sdg | 125 | | | | | | | |
| 6. Ganyong | 1 ptg | 185 | | | | | | | |
| 7. Ubi jalar kuning | 1 bj sdg | 150 | | | | | | | |
| 8. Mi basah | 2 gls | 200 | | | | | | | |
| 9. Mi kering | 1 gls | 50 | | | | | | | |
| 10. Bihun | 1/2 gls | 50 | | | | | | | |
| 11. Sukun | 3 ptg sdg | 150 | | | | | | | |
| 12. Kentang | 2 bh sdg | 200 | | | | | | | |
| 13. Tape singkong | 1 ptg sdg | 100 | | | | | | | |
| 14. Tape beras ketan | 5 sdm | 100 | | | | | | | |
| II. Sumber protein hewani | | | | | | | | | |
| 1. Daging ayam | 1 ptg sdg | 50 | | | | | | | |
| 2. Daging kerbau | 1 ptg sdg | 50 | | | | | | | |
| 3. Telur ayam kpg | 1 btr | 30 | | | | | | | |
| 4. Ikan asin kering | 1 ptg sdg | 25 | | | | | | | |
| 5. Ikan pindang | 1/2 ekr sdg | 25 | | | | | | | |
| 6. Ikan sungai | 1/3 ekr sdg | 30 | | | | | | | |
| 7. Ikan lele | 1/2 ekr sdg | 40 | | | | | | | |
| 8. Ikan mas | 1/3 ekr sdg | 45 | | | | | | | |
| 9. Teri kering | 3 sdm | 25 | | | | | | | |
| 10. Udang segar | 5 ekor sdg | 35 | | | | | | | |
| 11.a. Bakso | 20 bj kcl | 100 | | | | | | | |
| b. Bakso | 10 bj bsr | 100 | | | | | | | |
| 12. Daging kambing | 1 ptg sdg | 50 | | | | | | | |
| 13. Daging sapi | 1 ptg sdg | 50 | | | | | | | |
| 14. Hati ayam | 1 buah sdg | 30 | | | | | | | |
| 15. Tlr ayam negri | 1 btr sdg | 50 | | | | | | | |
| 16. Tlr bebek | 1 btr | 60 | | | | | | | |
| 17. Tlr bebek asin | 1 btr | 60 | | | | | | | |
| 18. Tlr puyuh | 5 btr | 55 | | | | | | | |
| 20. Belut | 3 ekor kcl | 45 | | | | | | | |
| III. Sumber protein Nabati | | | | | | | | | |

| | | | | | | | | | |
|------------------------------|------------|-----|--|--|--|--|--|--|--|
| 1. Kcg hijau | 2 sdm | 20 | | | | | | | |
| 2. Kcg tanah | 2 sdm | 20 | | | | | | | |
| 3. Pete segar | 1/2 gls | 55 | | | | | | | |
| 4. Kcg kedele | 2,5 sdm | 25 | | | | | | | |
| 5. Tahu | 1 bj bsr | 100 | | | | | | | |
| 6. Tempe | 2 ptg sdg | 50 | | | | | | | |
| IV. Sayuran | | | | | | | | | |
| 1. Gambas | 1 sdm | 10 | | | | | | | |
| 2. Ketimun | 1 bh sdg | 150 | | | | | | | |
| 3. Tomat | 1 bh bsr | 125 | | | | | | | |
| 4. Sawi | 3/4 gls | 60 | | | | | | | |
| 5. Seledri | 4 btg | 20 | | | | | | | |
| 6. Touge kc hijau | 1 gls | 70 | | | | | | | |
| 7. Terong | 1 sdm | 30 | | | | | | | |
| 8. Kangkung | 3/4 gls | 75 | | | | | | | |
| 9. Kc. Buncis | 1 sdm | 20 | | | | | | | |
| 10. Kc. Panjang | 1 sdm | 10 | | | | | | | |
| 11. Labu siam | 1 sdm | 20 | | | | | | | |
| 12. Wortel | 1 sdm | 10 | | | | | | | |
| 13. Daun singkong | 1 sdm | 25 | | | | | | | |
| 14. Bayam | 1 sdm | 5 | | | | | | | |
| V. Buah-buahan | | | | | | | | | |
| 1. Belimbing | 1 bh bsr | 125 | | | | | | | |
| 2. Blewah | 1 ptg sdg | 70 | | | | | | | |
| 3. Jambu air | 2 bh bsr | 110 | | | | | | | |
| 4. Jambu biji | 1 bh bsr | 100 | | | | | | | |
| 5. Jeruk manis | 2 bh sdg | 100 | | | | | | | |
| 6. Kedondong | 2 bh sdg | 150 | | | | | | | |
| 7. Mangga | 1/2 bh bsr | 50 | | | | | | | |
| 8. Nangka masak | 3 bj sdg | 50 | | | | | | | |
| 9. Nenas | 1/4 bh sdg | 75 | | | | | | | |
| 10. Pepaya | 1/4 bh sdg | 75 | | | | | | | |
| 11. Pisang ambon | 1 bh kcl | 75 | | | | | | | |
| 12. Pisang kepok | 1 bh | 50 | | | | | | | |
| 13. Pisang susu | 2 bh | 100 | | | | | | | |
| 14. Rambutan | 8 bh | 75 | | | | | | | |
| 15. Semangka | 2 ptg sdg | 150 | | | | | | | |
| 16. Gula | 1 sdm | 10 | | | | | | | |
| 17. Madu | 1 sdm | 15 | | | | | | | |
| 18. Sirup | 1 sdm | 10 | | | | | | | |
| VI. Susu | | | | | | | | | |
| 1. Susu skim cair | 1 gls | 200 | | | | | | | |
| 2. Susu sapi | 1 gls | 200 | | | | | | | |
| 3. Tpg susu penuh | 6 sdm | 30 | | | | | | | |
| VII. Minyak dan lemak | | | | | | | | | |
| 1. Santan | 1/4 gls | 50 | | | | | | | |
| 2. Kelapa | 1 ptg kcl | 15 | | | | | | | |
| 3. Minyak kelapa | 1 sdk the | 5 | | | | | | | |