

HUBUNGAN ANTARA PENGETAHUAN, SIKAP DAN PRAKTEK GURU USAHA KESEHATAN SEKOLAH (UKS) TENTANG PERILAKU HIDUP BERSIH DAN SEHAT (PHBS) DENGAN STRATA KESEHATAN SEKOLAH DASAR NEGERI DI WILAYAH BINAAN PUSKESMAS PETARUKAN KEC PETARUKAN KAB PEMALANG

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Perilaku Guru UKS Sekolah Dasar diduga mempunyai pengaruh terhadap peningkatan strata kesehatan sekolah dasar, yang pada akhirnya akan berpengaruh pula pada tingkat kesehatan siswa di sekolah tersebut. Penelitian ini bertujuan untuk mengetahui hubungan antara perilaku Guru UKS tentang perilaku Hidup Bersih dan Sehat dengan strata kesehatan sekolah.

Jenis penelitian ini adalah merupakan studi kasus dengan analisis kuantitatif di wilayah binaan Puskesmas Petarukan Kecamatan Petarukan Kabupaten Pemalang. Populasi penelitian sebanyak 26 Guru UKS sekolah dasar negeri yang definitif di sekolah tersebut. Sehingga dengan demikian penelitian ini juga merupakan penelitian populasi. Pengumpulan data untuk variabel pengetahuan, sikap dan praktek Guru UKS tentang PHBS menggunakan angket, sedangkan strata kesehatan sekolah menggunakan cek list observasi langsung.

Hasil penelitian menunjukkan bahwa tingkat pengetahuan Guru UKS sekolah dasar negeri secara umum baik (73,08%), Sikap secara umum baik (65,38%), praktek secara umum juga baik (65,39%). Strata kesehatan sekolah dari 26 sekolah hanya satu sekolah yang mencapai strata paripurna, sedangkan strata pratama 12, Madya 9, dan utama 4 sekolah. Ada hubungan yang signifikan antara tingkat pengetahuan Guru UKS tentang PHBS dengan strata kesehatan sekolah ($r = 0,688$), Ada hubungan yang signifikan antara sikap Guru UKS tentang PHBS dengan strata kesehatan sekolah ($r = 0,596$), Ada hubungan yang signifikan antara praktek Guru UKS tentang PHBS dengan strata kesehatan sekolah ($r = 0,679$). Dan ada hubungan yang signifikan secara bersama-sama antara tingkat pengetahuan, sikap dan praktek Guru UKS tentang PHBS dengan strata kesehatan sekolah ($R = 0,807$ dan $R^2 = 0,652$).

Disarankan kepada Dinas Kesehatan dan Dinas Pendidikan yang terkait langsung dengan pembinaan Guru UKS, terutama Puskesmas wilayah setempat dan pihak sekolah, agar mengadakan pelatihan atau refreasing Dokter kecil, orientasi Guru UKS, pembenahan jamban, ruang UKS, dokter kecil dan Dana sehat. Juga disarankan kepada Pemerintah daerah Kabupaten Pemalang agar mengeluarkan Perda mengenai Dana sehat di Institusi Pendidikan Sekolah dasar.

Kata Kunci: Pengetahuan, Sikap, praktek tentang PHBS, Guru UKS Sekolah Dasar negeri, Strata Kesehatan sekolah

THE RELATION BETWEEN UKS TEACHER'S BEHAVIOR ABOUT PHBS AND THE ELEMENTARY SCHOOL'S HEALTH DEGREE IN PETARUKAN PHC AUTHORITY AT PETARUKAN SUB DISTRICT PEMALANG DISTRICT

The teacher's behaviour of school health effort (UKS) in elementary school is considered has influence to the increasing of elementary school health level, which finally will affect the student's health level in the school. The objective of this research is to know the correlation between the behaviour with the level of school health.

Kind of the research is a case study with quantitative analysis at constructed area of Petarukan Public Health Center, Petarukan sub district, Pemalang regency. The research population counts 26 school health effort teachers of state elementary school with area definitif in that school, thus this research is also a population research. Data collecting for the variable of knowledge, attitude and practice of school health effort teacher about clean and healthy life behaviour used questionnaire, meanwhile school health school level used check list of direct observation.

The result indicate that the knowledge level of School Health Effort teacher of state elementary school is generally good (73,08%), the attitude is generally good (65,38%), the practice is also generally good (65,39%). Concerning about the level of school health, there is only 1 school from 26 school which achieves complete level, meanwhile pratama level is the amount of 12, average is in the amount of 9, and the prominent is in the amount of 4 school. There is a significant correlation between the knowledge level of School Health Effort teacher about clean and Healthy life behaviour with the level of school of school health ($r=0,688$), there is also significant correlation between the attitude of School Health Effort teacher about clean and Healthy Life Behaviour with the level of school health ($r=0,596$), there is a significant correlation between the practice of School Health Effort teacher about Clean and Healthy Life Behaviour with the level of school health ($r=0,679$) and there is a significant correlation simultaneously between the level of knowledge, attitude and practice of school health effort teacher about clean and healthy life behaviour with the level of school health ($R=0,807$ and $R^2=0,652$).

It is suggested to the Health Official and Education Official which are directly related with the construction of School Health Effort, particularly the local Public Health Center and School party, in order to carry out the training or little doctor refreshing, the orientation of School Health Effort teacher, the repairing of privy, School Health effort room, little doctor and healthy funds. It is also suggested to the local Government of Pemalang regency in order to issue local rules about healthy funds in education institution of Elementary School.

*Keyword: the knowledge,attitude,Practices,Clean and Healthy life Behaviour, the School Health Effort
Teacher of state Elementary School,the level of school Health*