

PERSEPSI TIM ASUHAN GIZI DAN PELAKSANAAN ASUHAN GIZI DI
RUANG RAWAT INAP RSUP Dr KARIADI SEMARANG

Artikel penelitian

Disusun sebagai salah satu syarat untuk menyelesaikan
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Disusun oleh :

DEVINTA DWI ANGGRAENI

G2C207004

PROGRAM STUDI ILMU GIZI FAKULTAS KEDOKTERAN

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PERSEPSI TIM ASUHAN GIZI DAN PELAKSANAAN ASUHAN GIZI DI RUANG RAWAT INAP RSUP Dr KARIADI SEMARANG

Devinta Dwi Anggraeni* Kun Aristiati**

ABSTRAK

Latar Belakang

Pelayanan kesehatan paripurna seorang pasien yang dirawat inap maupun rawat jalan secara teoritis memerlukan tiga jenis asuhan, yaitu asuhan medik, asuhan keperawatan, dan asuhan gizi. Asuhan medik, keperawatan, dan gizi mempunyai peranan masing – masing, akan tetapi jelas saling berkaitan dan saling mempengaruhi. Asuhan gizi memerlukan keterlibatan dan kerjasama erat antar profesi pendukung pelayanan kesehatan di rumah sakit. Tim asuhan gizi memegang peranan penting dalam pelayanan ini, tetapi untuk mencapai sukses ia tidak dapat bekerja sendiri.

Tujuan

Mendeskripsikan pelaksanaan asuhan gizi, peran tim asuhan gizi dan persepsi tentang asuhan gizi di ruang rawat inap RSUP Dr Kariadi.

Metode

Jenis penelitian ini adalah penelitian deskriptif dengan desain *cross sectional*. Populasi pada penelitian ini adalah ahli gizi, perawat, residen dan dokter spesialis, dengan penentuan sample secara *purposive sampling*. Alat pengumpulan data menggunakan kuesioner tentang pelaksanaan, peran dan persepsi asuhan gizi.

Hasil

Rata – rata nilai untuk pelaksanaan asuhan gizi di ruang rawat inap RSUP Dr Kariadi cukup baik, dilihat dengan frekuensi jawaban tidak pernah yang sedikit, sehingga dapat disimpulkan bahwa kegiatan asuhan gizi sudah berjalan dengan baik. Untuk peran, masih terdapat peran dari masing – masing profesi yang belum dijalankan. Ini dikarenakan belum terbentuknya tim asuhan gizi secara tertulis, sehingga anggota tim kurang mengetahui peran masing-masing, dan kerjasama antar tim tersebut masih kurang dilihat dengan beberapa item peran yang dilakukan secara bersama-sama kurang dijalankan. Secara umum persepsi antar masing-masing profesi terhadap asuhan gizi positif, sebagian besar responden (56,09%) mendukung (*favorable*) terhadap pernyataan persepsi.

Simpulan

Pelaksanaan sudah cukup baik, dan masih terdapat peran yang belum dijalankan. Responden mempunyai persepsi yang baik tentang asuhan gizi.

Kata Kunci : Asuhan Gizi, kerjasama tim, peran tim, persepsi asuhan gizi

* Mahasiswa Program Studi Ilmu Gizi S-1, Fakultas Kedokteran, Universitas Diponegoro, Semarang.

** Dosen Jurusan Gizi, Politeknik Kesehatan Semarang.

NUTRITION CARE TEAM'S PERCEPTION AND IMPLEMENTATION OF NUTRITION CARE AT IN PATIENT ROOM RSUP Dr KARIADI SEMARANG

Devinta Dwi Anggraeni* Kun Aristiati**

ABSTRACT

Background

Comprehensive health care services for in patient or out patient teoritically need three kinds of caring those are medical care, nursing care, and nutrition care. Each of them has important roles and definitely connection and gives influent each other. Nutrition care needs the involving and cooperation of each supported profession of healthy services in hospital. Nutrition care team holds an important role in those services, but to gain the successes, they cannot work by themselves.

Purpose

Descript the implementation of nutrition care, the role of nutrition care team and the perception about nutrition care at ward care ward of RSUP Dr Kariadi.

Method

This research genre is a descriptive research with cross sectional design. The populations of this research are Dietisiens, nurses, residents, and specialist doctors, by determining the sample using purposive sampling. Data collecting tools use questioner about the implementation, role, and perception of nutrition care.

Result

The mean value for the implementation of nutrition care at ward RSUP Dr Kariadi is well enough, that can be seen from the frequencies response of the sample who gives a few answer "done". According to the answer, we can conclude that the implementation of nutrition care have well enough. For the role, it seems that the role of each profession have not been implemented as good as should be. This is because the job description of each member of the team has been written yet so they don't understand enough about their role. Cooperation of each profession is much lesser than expected. It can be seen from there are no teamworks which exist and cause some items of the role are not carried out. Perception general among the professions about nutrition care is positif, lots of respondent (56.09%) favorable with the perception pronouncement.

Conclusion

Impementation of nutrition care is well enough. For the role, it seems that the roles of each profession have not been implemented as good as should be. The respondents have a good perception about the nutrition care.

Keyword : Nutrition care, teamwork, role of team, nutrition care perception

* Student of Nutrition Science Study program of Medical Faculty, Diponegoro University, Semarang

** Lecturer of Nutrition Departement, Health Polytechnic, Semarang.