



ARTIKEL

FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN
PEMANFAATAN POSYANDU LANSIA DI DESA JETIS
KECAMATAN KARANGRAYUNG
KABUPATEN GROBOGAN

Untuk memenuhi persyaratan mencapai derajat Sarjana S - 2
Magister Promosi Kesehatan

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**PROGRAM STUDI MAGISTER PROMOSI KESEHATAN
PROGRAM PASCASARJANA
UNIVERSITAS DIPONEGORO
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PROGRAM STUDI MAGISTER PROMOSI KESEHATAN

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UNIVERSITAS DIPONEGORO
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ABSTRAK

Pujiyono

**FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PEMANFAATAN
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Xiii + 114 halaman + 37 tabel + 3 gambar + 3 lampiran

Tujuan pelayanan kesehatan lansia adalah meningkatkan kemandirian lansia mengatasi masalah kesehatannya berupa deteksi dini penyakit, mencari pertolongan pengobatan dan merawat dirinya sendiri. Data pelayanan lansia di Puskesmas Karangrayung II mencapai 12,4%, padahal target menurut Depkes RI 70%. Tujuan penelitian untuk mengetahui faktor yang berhubungan dengan pemanfaatan posyandu lansia.

Jenis penelitian ini adalah *explanatory research* dengan pendekatan *cross sectional*. Populasi penelitian adalah lansia yang ada di Desa Jetis sebanyak 237 orang. Sampel diambil *stratified random sampling* sebanyak 77 responden. Pengumpulan data kuantitatif dengan cara wawancara yang dianalisis secara univariat, bivariat dan multivariat. Pengumpulan data kualitatif dilakukan kepada 6 informan yang dianalisis dengan *triangulasi*.

Hasil penelitian menunjukkan mayoritas responden berumur 60-69 tahun, berjenis kelamin perempuan sedangkan pendapatan, pengetahuan, sikap, praktik, peranan petugas kesehatan dan peranan keluarga termasuk kategori kurang. Variabel yang berhubungan secara signifikan dengan pemanfaatan posyandu lansia yaitu umur, pendapatan, pengetahuan, sikap, peran petugas kesehatan dan peran keluarga. Sedangkan variabel yang tidak berhubungan dengan pemanfaatan posyandu lansia yaitu jenis kelamin. Faktor yang paling dominan berhubungan dengan praktik pemanfaatan posyandu lansia adalah peranan petugas kesehatan. Disarankan kepada petugas puskesmas agar dapat meningkatkan penyuluhan tentang posyandu lansia, melakukan kunjungan rumah dan meningkatkan kualitas pelayanan di posyandu lansia.

Kata Kunci : Pemanfaatan, Posyandu, Lansia
Kepustakaan : 30, 1993 – 2008

**STUDY PROGRAM OF HEALTH PROMOTION MAGISTERIAL
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ABSTRACT

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**THE FACTORS WHO HAS RELATED THE UTILIZATION OF POSYANDU LANSIA
IN JETIS, KARANGRAYUNG SUB DISTRICT, GROBOGAN DISTRICT**

xiii + 114 pages + 37 tables + 3 pictures + 3 appendixses

The aims or lansia health service are increasing lansia's independency in solving their health problem such as early disease detection, health seeking behavior, and caring themselves. The data of lansia service activity in Puskesmas Karangrayung II only reaches 12,4%, whereas the target follow department of health is 70%. This research aimed to know some factors related to the utilization of posyandu lansia.

The kind of research is explanatory research with cross sectional approach. The research population is 237 lansia in Jetis. The research sample is 77 respondents who were selected by *stratified random sampling*. The quantitative data which was gathered by interviewing was analized univariately, bivariately, and multivariately. Collecting the qualitative data was from 6 next informant which were analized with triangulation.

The result of research shows that the majority of 60-69 years old respondents are less women, lack of wages, knowledge, attitude, health officer service, family involved, and lack of lansia participation practice. The variables related to each other significantly in utilizing the posyandu lansia are income, knowledge, attitude, and family role. While the variable that does not related to the utilization of posyandu lansia is gender. The most dominant factor that related to the utilization of posyandu lansia is health official role. Public health service should give guidance so that the health officials in charge can give information about posyandu lansia, call at houses and increase the quality of service in posyandu lansia.

Key words : The Utilization, Posyandu, Lansia
Literature : 30, 1993 – 2008