



**Program Studi Ilmu Keperawatan
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ABSTRAK

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Studi Fenomenologi Motivasi Lansia Dalam Memanfaatkan Posyandu Lansia di Kelurahan Sidomulyo Kecamatan Matesih Kabupaten Karanganyar

xiii + 76 halaman + 23 lampiran

Peningkatan jumlah lansia berdampak pada meningkatnya pelayanan kesehatan yang ditujukan kepada lansia, salah satunya yaitu posyandu lansia. Peningkatan jumlah pelayanan kesehatan tersebut tidak diimbangi minat atau motivasi lansia untuk memanfaatkan pelayanan kesehatan tersebut. Fokus penelitian ini adalah faktor-faktor yang mempengaruhi motivasi lansia dalam memanfaatkan posyandu lansia, yang terdiri dari faktor internal dan eksternal. Desain penelitian ini adalah penelitian kualitatif yang bersifat fenomenologi. Populasi adalah lansia usia 60 tahun atau lebih. Sampel dilakukan secara *purposive* berjumlah 5 orang dan pengumpulan data dengan wawancara mendalam. Hasil penelitian didapatkan tema: faktor-faktor yang menyebabkan meningkatnya motivasi lansia dalam memanfaatkan posyandu lansia, persepsi lansia tentang kesulitan atau hambatan dalam mengikuti posyandu lansia, dan harapan lansia kepada petugas kesehatan. Dengan lansia mengetahui pengertian dan manfaat diadakannya posyandu lansia, lansia menjadi termotivasi untuk mengikuti posyandu lansia, selain itu dukungan pasangan dan keluarga juga menimbulkan motivasi bagi lansia. Lansia juga mengalami hambatan dalam memanfaatkan posyandu lansia, yaitu lansia sering kelupaan karena faktor usia, ada kepentingan lain sehingga lansia tidak bisa ikut serta, dan tidak adanya sarana transportasi bagi lansia. Bagi keluarga seharusnya selalu mengingatkan jadwal posyandu lansia dan bagi petugas, penyuluhan tentang posyandu lansia juga sangat penting untuk menambah pengetahuan sehingga menambah motivasi, selain itu perlu juga kegiatan selain kegiatan yang sudah ada untuk menambah kualitas pelaksanaan posyandu lansia.

Kata kunci : motivasi, lansia, posyandu lansia

Kepustakaan : 40 (1994 – 2008)



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ABSTRACT

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A Study of Elderly People's Motivation in Using Nursing Home in Sub-district of Sidumulyo, Matesih District, Karanganyar Regency

xiii + 76 pages + 23 appendixes

There are some significant influences between the increasing numbers of elderly people and their medical status. One of them is the nursing home establishment. However, there is no significant influences between the establishment of nursing home and elderly people's motivation to use such kind of that medical service. The main point in this study is that how the internal and external factors significantly influence their interest in using the medical service provided. In this study, the writer would like to use qualitative analysis, in terms of medical phenomenon. The population of this study will be all 60 year-old people or more. The writer will only take 5 informers by applying Purposive Sampling Technique for collecting the data will be a depth-interview. From research result themes about: the factor that cause increase of elderly motivation in using nursing home of elderly, elderly perception about difficullaty in take part of nursing home program, and wishes of elderly to medical staff. Having known the definitions and the benefits of the use of nursing home, the elderly people are expected to get higher medical status basically, and to be motivated in using nursing home. Moreover, another important thing is that the need of being supported by spouses and families toward the activity in nursing home. In other side, some barriers happen to the success of their medical treatment due to their physical limitation, time limitation, and accommodation limitation (i.e. transportation). The writer greatly expects that family should pay more attention on the frequency of their relatives of using nursing home. The elderly people are asked to be more motivated in the frequency of doing medical treatment in nursing home. Furthermore, medically qualified staffs offer more medical counselling of how important nursing home for elderly people in order that they can enlarge their knowledge and their motivation in either way. Finally, more scheduled events must be a talk on medical movements for it could be a key role of nursing home in another aspects involving the quality of nursing home itself.

Key words: motivation, elderly people, nursing home

References: 40 (1994 - 2008)